basic education
Department:
Basic Education
REPUBLIC OF SOUTH AFRICA

2023/24 THULAGANYETSOTIRO YA BOSETŠHABA YA NGWAGA E E BOELEDITSWENG YA ITSHETLELO: SETSWANA PUO YA TLALELETSO: MOPHATO 5 (KGWEDITHARO 1)

KGWEDITHARO 1				
BEKE	**GO REETSA LE GO BUA (TIRO YA MOLOMO)**	**GO BUISA LE GO LEBELELA**	**GO KWALA LE GO TLHAGISA**	**DIPOPEGO TSA PUO LE MELAWANA YA TIRISO**
Tekanyetso ya motheo (E lekanyediwa mo dikolong). Tekanyetso e tla dirwa mo matsatsing a mararo a tshimologo ya kgweditharo ka Beke 1 – Letsatsi 1-3. Go tlhola kitso ya pele ya barutwana go bona gore diphatlha tse di bonweng di fa kae. Tshedimoseto eno e dirisetswa go bona gore ke eng se se tshwanetseng sa dirwa go tsweletsa ditirwana tsa go ruta le go ithuta.				
1-2	**Go reetsa le go tsibogela setlhangwa sa tshedimosetso** Ditirwana tsa matseno: • ponelopele **Tlhalosa ditiragalo** • Supa le go tlhalosa dintlha tse di botlhokwa le tse di totobetseng • Buisanang ka mosola/boleng jwa tsa loago, botho le setso mo setlhangweng • Tsibogeladipotso ka tsenelelo • Tlhagisa le go tshegetsadikakanyotsagago ka mabaka • tsa tirisano go tsaya karolo mo puisanong ya setlhopha	**Go buisa setlhangwapono sa tshedimosetso (Ditshwantsho)** • Pele ga puiso: ponelopele ya setlhogo le ditshwantsho • Buisana ka kakanyokgolo le dintlha tse di totobetseng/kgethegileng • Tshwaela ka tlhopho ya ditshwantsho mo setlhangweng **Go buisetsa go tlhaloganya** • Dirisa ditogamaano tsa puiso, sekao, ponelopele le tiriso ya metlhala ya setlhangwa • Tlhagisa le go tshegetsa kakanyo ya gago ka mabaka • Dirisa mmapa wa tlhaloganyo/dintlha go sobokanya tshedimosetso • Dirisathanodi go godisatlotlofoko **Go buisa ditlhangwa tsa loago**, Sekao, molaetsakhutshwe/imeili/maranyane • Tlhalosa molaetsamogolo • Supa diponagalo tsa setlhangwa • Tlhagisa maikaelelo/maitlhomo a setlhangwa • Dirisa thanodi go bona bokao jwa mafoko a maŝwa **Boeletsa setlhangwa ka go buisa ka nosi** • Tlotla kgang gape kgotsa dintlhakgolo • Tlhagisa maikutlo a gago ka	**Go kwala setlhangwa sa tshedimosetso** • Kwala ditemana di le tharo go ya go di le nne • Dirisa diteng tse di maleba tse di siametseng bareetsi le maitlhomo a setlhangwa • Tlhagisa tshedimosetso e e utlwalang • Rulaganya diteng tse di kgodisang • Kwala polelo ya setlhogo mme o akaretse tshedimosetso e emaleba go bopa/tlhama ditemana tse di golaganeng • Tshwaraganya/golaganya dipolelo go bopa ditemana tse di lomaganeng o dirisa maemedi, makopanyi le matshwao a puiso a anepagetseng • Kwala polelo ya setlhogo mme o akaretse tshedimosetso e e maleba go bopa/tlhama ditemana tse di golaganeng • Dirisa mefuta e e farologaneng ya dipolelo • Dirisa thutapuo le mopeleto le matshwao a puiso **Kwala molaetsakhutshwe/imeili/maranyane** • Supa ditengtse di maleba • Rulaganyatshedimosetsosentle • Dirisa kagego e e nepagetseng sekao; matseno, letlha, jj. **Dirisadikgatotsa go kwala** • Neeladikakanyo o dirisa dimmepe tsa	**Kgato ya go dira ka mafoko**: Madirimafetedi le madirimafeledi **Kgato ya go dira ka dipolelo** Pakajaanong, pakatlang **Bokao jwa mafoko** Mothofatso, diane, maele, tshwantshanyo

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BEKE	**GO REETSA LE GO BUA (TIRO YA MOLOMO)**	**GO BUISA LE GO LEBELELA**	**GO KWALA LE GO TLHAGISA**	**DIPOPEGO TSA PUO LE MELAWANA YA TIRISO**
		setlhwangwa se o se buisitseng • Amanya ditiragalo le botshelo jwa gago Mokgwa wa ruta go buisa: Puisetsogodimo/tlogela tsotlhe o buise/puiso ka mogoso/puiso ka kopanelo/puiso ka nosi o buisa padi/patsana Tekanyetso ya go ithuta – Go ipaakanyetsa go buisetsa kwa godimo **Go buisetsa go ijesa monate.** **Padi/patsana e tla buisiwa ka metsotso e le 30 ka letsatsi**	dikakanyo • Go tlhagisa setlhangwa sa ntlha • Go tlhagisa setlhangwa sa ntlha • Go boeletsa • Go tlhotlha diphoso • Go kwala setlhangwa sa bofelo se se phepa se se bonagalang/se buisega • Go tlhagisa setlhangwa sa bofelo se se phepa se baakantswe diphoso Kwala mafoko le bokao jwa ona mo thanoding ya gago kgotsa kgetsana ya mafoko Dirisa thanodi go dira mopeleto le kgodiso ya tlotlofoko **Dirisa dikarata tsa go buisa go gatelela tswelelopele ya puiso**	
3-4	**Go reetsa le go tsibogela nopolo go tswa mo pading/patsaneng** Ditirwana tsa matseno • Ponelopele • Reetsa nopolo go tswa mo pading • Reeletsa molaetsamogolo le tatelano e e totobetseng • Tlhagisa maikutlo go ya ka ditiragalo • Amanya se se mo pading le botshelo jwa gago Tlhalosa ditiragalo • Tlotla ka dintlha tse di botlhokwa le tse di totobetseng • Tlhalosa ditiragalo sentle • Buisanang ka mosola/boleng jwa tsa loago, setho le setso mo setlhangweng • Dirisa dintlha go tswa mo setlhwangweng go arabela dipotso	**Go buisa le go tsibogela nopolo go tswa mo pading/patsaneng** Go buisetsa go tlhaloganya • Pele ga puiso: ponelopele go tswamosetlhogong le go buisana ka dithitokgang kgotsa diteng tse di tsamaelanang • Dirisa ditogamaano • Go tlodisa matlho go bona dintlha tse di kgethegileng/totobetseng • Go okola go bona dikakanyo ka karetso • Go dira ponelopele • Go tlhagisa bokao jwa mafoko a a sa tlwaelang le ditshwantsho **Thuto ya dikwalwa** • Buisana ka baanelwa • Tlhaola le go tlhalosa ditiragalokgolo • Tlhaola le go buisana ka maikutlo a atlhagisitsweng	**Go kwala thadiso ya buka/tshosobanyo** • Dirisa foreimi/letlhomeso • Pele ga go kwala: Reetsa nopolo ya padi e e buisitsweng • Tlhopha diteng tse di maleba le maitlhomo • Dirisapuo le popego ya setlhangwa tse di maleba • Dirisa kagego e e nepagetseng • Rulaganyang tatelano ya dintlha ka tsela e e kgodisang • Dirisa thutapuo e e maleba, mopeleto le matshwao a puiso go akaretsa thuanyisediri • Dirisa thanodi go godisa tlotlofoko Dikgato tsa go kwala – Go dira paakanyetsotiro /Pele ga go kwala – Go kwala ditlhangwa tsa ntlha – Go boeletsa	**Kgatoya go dira ka mafoko**: Maamanyi, maemedi, tlhogwanayamaemedi, matlhaodi, matlhalosi, makopanyi, magokanyi, malatlhelwa **Kgatoya go dira ka dipolelo:** pakajaanong, pakapheti, dithuanyi **Bokaojwamafoko:** tshwantshanyo, diane, maele **Mopeleto le tiriso ya matshwao a puiso**: khutlo, phegelwana, tirisoyathanodi, kgaoganyoyamafoko

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BEKE	**GO REETSA LE GO BUA (TIRO YA MOLOMO)**	**GO BUISA LE GO LEBELELA**	**GO KWALA LE GO TLHAGISA**	**DIPOPEGO TSA PUO LE MELAWANA YA TIRISO**
		• Amanya ditiragalo le baanelwa le botshelo jwa gago • Dirisa ditogamaano tsa go buisatse di farologaneng • Buisanang ka popego, tiriso ya puo, maitlhomo le bareetsi • Tlhaola pharologanyo magareng ga makwalotshelo/dibukatsatsi le dikgang • Dirisa thanodi go godisa tlotlofoko Mokgwa wa ruta go buisa: Puisetsogodimo/tlogela tsotlhe o buise/puiso ka mogoso/puiso ka kopanelo/puiso ka nosi o buisa padi/patsana Tekanyetso ya go ithuta – Go ipaakanyetsa go buisetsa kwa godimo **Go buisetsa go ijesa monate.** **Padi/patsana e tla buisiwa ka metsotso e le 30 ka letsatsi**	– Go tseleganya – Go tlhotlha diphoso – Go tlhagisa Dirisa thanodi go godisa tlotlofoko le dikgetsana tsa mafoko **Dirisa dikarata tsa go buisa go gatelela tswelelopele ya puiso**	
Tlhatlhobo e etlhomameng: Tiro 1: Tiro ya Molomo • **Puisetsogodimo (Maduo: 20)** • **Simolola ka tiro e mo kgweditharong ya 1 o be o e feleletsa ka kgweditharo 2 fa maduo a tlabo a rekotiwa.**				
5-6	**Go reetsa le go tsibogela kgang** **Ditirwana tsa matseno** • Ditirwanatsamatseno: ponelopele • Tlhaoladikakanyokgolo le dintlhatse di totobetseng/kgethegileng • Amanyakgang le botshelojwagago Buisanang le go neeladikakanyo. Tlhalosa ditiragalo • Tlotla le go naya maikutlo/ kakanyo ya gago. • Tsaya karolo mo puisanong ya	Go buisa Kgang **Go buisetsa go tlhaloganya** • Pele gapuiso: ponelopele go tswamosetlhogong le ditshwantsho • Dirisa ditogamaano tsa go buisa: • Go okola go bona dikakanyo ka karetso, • Go bona dikakanyo tsa tshegetso • Go dira ponelopele • Go tlhagisa bokao jwa mafoko a	**Go kwala kgang (Kanelo/Tlhaloso)** • Tlhopha diteng tse di maleba le maitlhomo • Dirisa puo le popego ya setlhangwa tse di maleba • Dirisa kagego e e nepagetseng • Kwala polelo ya setlhogo mme o akaretse tshedimosetso e e maleba go bopa ditemana tse di lomaganeng • Dirisa thutapuo, mopeleto le matshwao a puiso tse di maleba	**Kgato ya go dira ka mafoko**: Mainagotlhe le mainatota, tlhogoyaleina le mogatlana **Kgatoya go dira ka dipolelo**: Pakajaanong, polelonolo **Bokaojwamafoko**: Makaelagongwe **Mopeleto le matshwao a puiso** Khutlo, phegelwana, ditsejwana, letshwao la potso, tirisoyathanodi

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BEKE	**GO REETSA LE GO BUA (TIRO YA MOLOMO)**	**GO BUISA LE GO LEBELELA**	**GO KWALA LE GO TLHAGISA**	**DIPOPEGO TSA PUO LE MELAWANA YA TIRISO**
	setlhopha • Botsa dipotso tse di maleba • Naya dikarabo • Tsweletsa dipuisano • Tsibogela dikgopolo tsa ba bangwe ka go di utlwelela le ka tlotlo • Refosana go bua	a sa tlwaelang le ditshwantsho **Ditogamaano tsa tekatlhaloganyo** • Dirisa ditogamaano tsa go buisa, sekao. Dira diponelopele, dirisa medumo le metlhala ya tiriso • Buisanang ka tlotlofoko e ntšhwa go tswa mo setlhangweng **Thuto ya dikwalwa** • Tlotlang ka dintlha tse di botlhokwa, poloto, baanelwa le maitshetlego • Tlhagisa maikutlo le dikakanyo • Tlotla ka dintlha tse di tlholang ditiragalo mo kganyeng • Dirisa thanodi go godisa tlotlofoko Mokgwa wa ruta go buisa: Puisetsogodimo/tlogela tsotlhe o buise/puiso ka mogoso/puiso ka kopanelo/puiso ka nosi o buisa padi/patsana Tekanyetso ya go ithuta – Go ipaakanyetsa go buisetsa kwa godimo **Go buisetsa go ijesa monate.** **Padi/patsana e tla buisiwa ka metsotso e le 30 ka letsatsi**	• Dirisa thanodi go godisa mopeleto le tlotlofoko • Dirisa dipolelopate Dikgato tsa go kwala – Go dira paakanyetsotiro/Pele ga go kwala – Go kwala ditlhangwa tsa ntlha – Go boeletsa – Go tseleganya – Go tlhotlha diphoso – Go tlhagisa Kwala mafoko le bokao jwa ona mo thanoding ya gago kgotsa kgetsana ya mafoko. Dirisa thanodi go dira mopeleto le kgodiso ya tlotlofoko **Dirisa dikarata tsa go buisa go gatelela tswelelopele ya puiso**	
Tiro e e tlhomameng: TIRO 2: Go kwala tlhamo: (Maduo: 20) **Tlhamo ya kanelo** **Tlhamo ya tlhaloso**				
7-8	**Go reetsa le go tsibogela athikele ya lekwalodikgang** Ditirwana tsa matseno: • ponelopele • Reeletsa dintlha tse di totobetseng/ kgethegileng • Supa/tlhaola molaetsamogolo	**Go buisa athikele ya lekwalodikgang** Pele ga puiso: ponelopele go tswa mo ditlhogong tsa dikgang, go sekaseka setlhangwa. **Go buisetsa go tlhaloganya** • Dirisa ditogamaano tsa go buisa tse di farologaneng, sekao. go okola dintlha,	**Go kwala athikele ya lekwalodikgang** Dirisa ditlhogo kgang, mokwadi wa athikele, temana e simololang, dikarabo tse di arabang dipotso tse: Mang, eng, kae, leng, le goreng/jang • Tlhophang diteng tse di maleba le bareetsi/baamogedi le maitlhomo a	**Bokao jwa mafoko**: **matlama** **Kgato ya go dira ka dipolelo** Dipaka **Bokao jwa mafoko**: Malatodi **Mopeleto le matshwao a puiso:**

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	• Amanya se se mo athikeleng le botshelo jwa gago **Tlhalosa ditiragalo** • Dirisatshedimosetso go tswa mo setlhangweng go tsibogela dipotso • Buisanang ka mosola wa loago, setho le setso go tswa mo setlhangweng • Sekaseka maitlhomo a mokwadi • Tsaya karolo mo dipuisanong	tlodisa matlho, o dirisa kitso ya kgale • Dira diponelopele, dirisa metlhala ya tiriso go tlhomamisa bokao, le go itseela tshwetso • Supa/tlhaola le go tlhalosa go tshwana le go dipharologanyo tsa sengwe • Buisanang ka tlotlofoko e ntšhwa go tswa mo setlhangweng se se buisitsweng • Dirisa thanodi Mokgwa wa ruta go buisa: Puisetsogodimo/ Tlogela tsotlhe o buise/ Puiso ka mogoso/ Puiso ka kopanelo/ Puiso ka nosi o buisa padi/patsana Tekanyetso ya go ithuta – Go ipaakanyetsa go buisetsa kwa godimo **Go buisetsa go ijesa monate.** **Padi/patsana e tla buisiwa ka metsotso e le 30 ka letsatsi**	setlhangwa • Tshwaraganya dipolelo go bopa ditemana tse di lomaganeng o dirisa maemedi, makopanyi le matshwao a puiso a a nepagetseng • Dirisa mefuta e e farologaneng ya tlotlofoko, thutapuo, mopeleto le matshwao a puiso tse di maleba Dirisa dikgato tsa go kwala • Neela dikakanyokgolo o dirisa dimmepe tsa tlhaloganyo • Go tlhagisa ditlhangwa tsa ntlha • Go boeletsa • Go tlhotlha diphoso • Go kwala setlhangwa sabofelo Kwala mafoko le bokao jwa ona mo thanoding ya gago kgotsa kgetsana ya mafoko. Dirisa thanodi go dira mopeleto le kgodiso ya tlotlofoko **Dirisa dikarata tsa go buisa go gatelela tswelelopele ya puiso**	Matshwao a potso, tiriso ya thanodi, thulaganyo ya mafoko
Tlhatlhobo e e tlhomameng: Tiro 3: Tsibogelo ya ditlhangwa (Maduo: 40) • **Setlhangwa (Maduo: 15)** • **Setlhangwapono (Maduo: 10)** • **Dipopego tsa puo le melawana ya tiriso (Maduo: 15)** **Ditiro tse ga di a tshwanela go kwadiwa ka nako e le nngwe**				
9-10	**Go neela le go latela ditaelo** • Ditirwanatsamatseno: • Ponelopele • Go reetsa le go naya dintlha tse di totobetseng • Tiriso ya tatelano e e maleba • Botsa dipotso tse di maleba le go araba sentle	**Go buisa setlhangwa sa ditaelo se se tsenyeletsang tatelano ya ditaelo** Go buisetsa go tlhaloganya • Pele gapuiso: ponelopele go tswa mo setlhogong le ditshwantsho • Dirisa ditogamaano tsa puiso: • Go okola go bona dikakanyo ka karetso,	**Go kwala ditaelo sekao: O ka dira jang borotho jwa motlapiso** • Tlhopha tshedimosetso e e maleba • Dirisa dintlha tse di totobetseng tse di nepagetseng. • Dirisa tatelano e e nepagetseng • Dirisa kagego e e maleba • Dirisamodirisopegowalediri le modirisotaelo	**Kgatoya go dira ka mafoko** Matlhalosi a mokgwa, nako, lefelo, matlama, mediriso, matlhaodi **Kgatoya go dira ka dipolelo** Polelonolo, polelopate **Mopeleto le matshwao a puiso** Khutlo, letshwao la tsiboso, khutshafatso, tlhakaina, dikutu tsa mafoko

KGWEDITHARO 1				
BEKE	**GO REETSA LE GO BUA (TIRO YA MOLOMO)**	**GO BUISA LE GO LEBELELA**	**GO KWALA LE GO TLHAGISA**	**DIPOPEGO TSA PUO LE MELAWANA YA TIRISO**
	• Diragatsa ditaelo	• Go bona dikakanyo tsa tshegetso • Go tlhagisa bokao jwa mafoko a a sa tlwaelang le ditshwantsho • Buisanang ka dintlha tse di totobetseng tsa setlhangwa • Buisanang ka tatelano ya ditaelo • Go latela ditaelo • Buisanang ka tlotlofoko e ntšhwa go tswamosetlhangweng se sebuisitsweng • Dirisa thanodi Mokgwa wa ruta go buisa: Puisetsogodimo/tlogela tsotlhe o buise/puiso ka mogoso/puiso ka kopanelo/puiso ka nosi o buisa padi/patsana Tekanyetso ya go ithuta – Go ipaakanyetsa go buisetsa kwa godimo **Go buisetsa go ijesa monate.** **Padi/patsana e tla buisiwa ka metsotso e le 30 ka letsatsi**	• Dirisathutapuo, mopeletotse di maleba le matshwao a puiso Dirisa dikgato tsa go kwala • Go dirapaakanyetsotiro /pelega go kwala • Go kwaladitlhangwatsantlha, • Go boeletsa • Go tseleganya • Go tlhotlhadiphoso, le go tlhagisa Kwala mafoko le bokao jwa ona mo thanoding ya gago kgotsa kgetsana ya mafoko Dirisa thanodi go dira mopeleto le kgodiso ya tlotlofoko **Dirisa dikarata tsa go buisa go gatelela tswelelopele ya puiso**	

<table>
<tr><th colspan="4">DITIRWANA TSA TLHATLHOBO (Tekanyetso ya go ithuta)</th></tr>
<tr>
<td>Ditirwana tsa go reetsa le go bua
• Mefuta ya ditirwana tsa go reetsa le go bua</td>
<td>Ditirwana tsa go buisa le go lebelela
• Dikgato tsa puiso
• Ditirwana tsa go buisetsa kwa godimo
• Ditirwana tsa tekatlhaloganyo ya puiso
• Ditirwana tsa dikwalwa go tswa dikwalweng tse tharo tse di tlhophilweng go rutwa mo kgweditharong tse pedi</td>
<td>Ditirwana tsa go kwala le go tlhagisa
• Dikgato tsa go kwala
• Go temafatsa
• Ditlhangwa tsa tirisano
• Tlhamo
• Tiro ya go kwala ya boitlhamedi</td>
<td>Ditirwana tsa dipopego tsa puo le melawana
Ditirwana tse di farologaneng tsa dipopego tsa puo le melawana go ya ka mofuta wa setlhangwa</td>
</tr>
<tr><th colspan="4">MOPHATO WA 5 SETSWANA PUO YA TLALELETSO TSHOBOKANYO YA DITIRWANA TSA TLHATLHOBO E E SA TLHOMAMANG: KGWEDITHARO YA 1</th></tr>
<tr>
<td colspan="2">TIRO 1: TIRO YA MOLOMO
• Puisetsogodimo (Maduo: 20)
• E simolola kwa kgweditharo ya 1 e felela mo kgweditharo ya 2 fa maduo rekotiwa</td>
<td colspan="1">TIRO 2: GO KWALA
• TLHAMO (Maduo: 20)
Tlhaloso/kanelo (Ditemana 3)
Mo tsamaong ya kgweditharo</td>
<td>TIRO 3
TSIBOGELO YA DITLHANGWA (Maduo: 40)
• Ditlhangwa tse di buisiwang /tse di sa buisiweng (Maduo: 15)
• Setlhangwapono (Maduo: 10)
• Dipopego tsa puo le melawana (Maduo: 15)</td>
</tr>
</table>

2023/24 THULAGANYETSOTIRO YA BOSETŠHABA YA NGWAGA E E BOELEDITSWENG YA ITSHETLELO: SETSWANA PUO YA TLALELETSO: MOPHATO 5 (KGWEDITHARO 2)

KGWEDITHARO 2				
BEKE	**GO REETSA LE GO BUA (TIRO YA MOLOMO)**	**GO BUISA LE GO LEBELELA**	**GO KWALA LE GO TLHAGISA**	**DIPOPEGO TSA PUO LE MELAWANA YA TIRISO**
1-2	**Go reetsa leboko** Ditirwanatsamatseno: • Ponelopele • Itumelele le go tsibogelatlhotlheletsoyamodumo e etsosolositswengkeleboko **Tlhalosa ditiragalo** • Buisanang ka kakanyokgolo/thitokgang • Amanya leboko le maitemogelo a gago • Tlhagisa maikutlo a a tsosolositsweng ke leboko • Buisanang ka segalo le tirisoyapuo le tlhotlheletso ya tsona mo bareetsing, go akaretsa le gore puo e dirisitswe jang go rebola maemo a rileng (mowa o orileng/maikutlo) **Diragatsa leboko/tlhopha mela** • Tlhagisa segalo le maikutlo a a tsosolositsweng ke leboko • Tiriso ya lentswe le tlhagiso ya sefatlhego • Buisanang ka segalo le tiriso ya puo le tlhotlheletso ya tsona mo bareetsing, go akaretsa le gore puo e dirisitswe jang go rebola maemo a rileng (mowa o orileng/maikutlo)	**Go buisa leboko** **Go buisetsa go tlhaloganya** • Pele ga puiso: ponelopele go tswa mo setlhogong le ditshwantsho • Dirisaditogamaanotsa go buisa: • Go okola go bona dikakanyo ka karetso • Go bona dikakanyo tsa tshegetso • Go dira ponelopele • Go tlhagisa bokao jwa mafoko a a sa tlwaelang le ditshwantsho **Ditogamaano tsa tekatlhaloganyo** • Dirisa ditogamaano tsa go buisa: dira diponelopele, o dirisa metlhala ya tiriso le ya modumopuo, go bonelapele bokhutlo **Thuto ya dikwalwa** • Supa/tlhaola moribo le morumo le go tshwaela ka seabe sa ona mo bareetsing • Tlhagisa maikutlo le dikakanyo • Amanya le botshelo jwa gago • Dirisa thanodi go godisa tlotlofoko Mokgwa wa ruta go buisa: Puisetsogodimo/tlogela tsotlhe o buise/puiso ka mogoso/puiso ka kopanelo/puiso ka nosi o buisa padi/patsana Tekanyetso ya go ithuta – Go ipaakanyetsa go buisetsa kwa godimo **Go buisetsa go ijesa monate.** **Padi/patsana e tla buisiwa ka metsotso e le 30 ka letsatsi**	**Go kwala leboko** • Dirisa poeletso modumo (ditumammogo le ditumanosi), tshwantshiso, tshwantshanyo • Bontsha go tlhaloganya setaele le rejisetara • Tshwaela le go tlhatlhoba leboko le lekwadilweng le tiro ya boitlhamedi • Dirisa melawana ya matshwao a puiso a a maleba • Melao Dikgato tsa go kwala: • Go dira paakanyetsotiro/Pele ga go kwala • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso • Go tlhagisa Kwala mafoko le bokao jwa ona mo thanoding ya gago kgotsa kgetsana ya mafoko Dirisa thanodi go dira mopeleto le kgodiso ya tlotlofoko **Dirisa dikarata tsa go buisa go gatelela tswelelopele ya puiso**	**Kgatoya go dira ka mafoko** Mainagoboka, mainakgopolo, malatlhelwa **Kgatoya go dira ka dipolelo** Pakajaanong-tsweledi **Bokaojwamafoko**: Poeletsomedumo, (poeletsoyaditumanosi le ditumammogo), mothofatso, moribo, morumo, tshwantshiso, tshwantshanyo **Mopeleto le matshwao a puiso** Kgaoganyoyamafoko, tirisoyathanodi, letshwao la tsiboso
3-4	**Go reetsa le go buisana ka pegelo ya maemo a bosa** **Ditirwana tsa matseno**	**Buisa pegelo ya maemo a bosa** •Pele ga puiso: ponelopele go tswa mo setlhogong le ditshwantsho	**Kwala pegelo ya maemo a bosa** • Tshwaraganya/golaganya dipolelo go bopa ditemana tse di lomaganeng o	**Kgato ya go dira ka mafoko**Madiri (modirisogo), maemedi, matlhalosi, matlhaodi, makopanyi, mainakgopolo

KGWEDITHARO 2				
BEKE	**GO REETSA LE GO BUA (TIRO YA MOLOMO)**	**GO BUISA LE GO LEBELELA**	**GO KWALA LE GO TLHAGISA**	**DIPOPEGO TSA PUO LE MELAWANA YA TIRISO**
	• Ponelopele • Reeletsadintlhatse di totobetseng/kgethegileng • Buisana ka ga botlhokwa jwa tshedimosetso • Golaganya/amanya tshedimosetso le botshelo jwa gagwe **Tlhalosa ditiragalo** • Buisana ka ga tlhotlheletso ya setlhangwa mo bathong • Tshwantshanya maemo mo mafelong a a farologaneng go akaretsa le mafeloketelo • Tsaya karolo mo dipuisanong, o tlhagisa dintlha tsa gago • Supa diponagalo tsa maemo a bosa, rejistara le seemo sa puo e e dirisitsweng • Dirisa ditogamaano tsa tirisano go tlhaeletsana ka tsenelelo mo ditlhopeng	**Go buisetsa go tlhaloganya** – Dirisa ditogamaano tsa puiso: – Go okolasetlhangwa go bona kgopolo kakaretso, tlodisa matlho go bona dintlha tse di totobetseng – Supa ka mo setlhangwa se rulagantsweng ka gona **Ditogamaano tsa tekatlhaloganyo** – Supa le go tlhalosa go tshwana le go farologana ga maemo a bosa – Supa tsela e setlhangwa se agegileng ka gona – Buisa setlhangwa sa tshedimosetso ka ditshwantsho, sekao, mmapa – Tsibogela ditshwantsho – Dirisa mmapa wa tlhaloganyo/dintlha go sobokanya tshedimosetso Mokgwa wa ruta go buisa: Puisetsogodimo/tlogela tsotlhe o buise/puiso ka mogoso/puiso ka kopanelo/puiso ka nosi o buisa padi/patsana Tekanyetso ya go ithuta – Go ipaakanyetsa go buisetsa kwa godimo **Go buisetsa go ijesa monate.** **Padi/patsana e tla buisiwa ka metsotso e le 30 ka letsatsi**	dirisa maemedi, makopanyi le matshwao a puiso a anepagetseng • Tlhagisa dintlha o dirisa mmapa, ditšhate, kerafo kgotsa taekeramo Dikgato tsa go kwala: • Go dira paakanyetsotiro/pele ga go kwala • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso • Go tlhagisa Kwala mafoko le bokao jwa ona mo thanoding ya gago kgotsa kgetsana ya mafoko Dirisa thanodi go dira mopeleto le kgodiso ya tlotlofoko **Dirisa dikarata tsa go buisa go gatelela tswelelopele ya puiso**	**Kgato ya go dira ka dipolelo:** Dipolelonolo, dipolelotswako, pakatlang **Bokao jwa mafoko Maetsi**, medumotshwano, makwalotshwano, malatodi, makaelagongwe
5-6	**Go reetsa le go tsibogela motshameko** Ditirwanatsamatseno • ponelopele go tswa mo setlhogong/setshwantsho **Tlhalosa ditiragalo** • Boeletsa pono ya terama ka go e tlotla ka tatelano • Tlhaola le go buisana ka dikakanyokgolo, poloto, maitshetlego (lefelokgang le nako), maikutlo/mowa o	**Go buisa motshameko** **Go buisetsa go tlhaloganya** • Dirisa ditogamaano tsa go buisa: • Go okola go bona dikakanyo ka karetso, • Go bona dikakanyo tsa tshegetso • Go dira ponelopele • Go tlhagisa bokao jwa mafoko a a sa tlwaelang le ditshwantsho Buisetsa kwa godimo, fetola lebelo ka	**Go kwala motshameko/mmuisano** **Kgotsa** **Tlhamo ya kanelo/tlhaloso** Itlhamele badiragatsi: • Tlhalosa maitshetlego • Tlhama poloto • Dirisa kagego e e nepagetseng • Tlhagisa segalo kgotsa maikutlo • Kwaladipolelo o dirisapuopegelo le puosebui	**Kgatoya go dira ka mafoko** Madiri (Modirisogo) **Kgatoya go dira ka mafoko** Dipolelo-pegelo, dipotso, ditaelo, dipolelonolo, dipolelotswako, puopegelo le puosebui **Bokao jwa mafoko** kgakantsi (Poleloyamafoko a aganetsanang) **Mopeleto le matshwao a puiso** Ditsejwana, khutlokhutlwana, phegelo.

KGWEDITHARO 2				
BEKE	**GO REETSA LE GO BUA (TIRO YA MOLOMO)**	**GO BUISA LE GO LEBELELA**	**GO KWALA LE GO TLHAGISA**	**DIPOPEGO TSA PUO LE MELAWANA YA TIRISO**
	ofokang/maemo le badiragatsi • Reetsa dintlha tse di totobetseng/kgethegileng • Dirisa dintlha ka nepagalo • Tlhagisa maikutlo le dikakanyo • Dirisa mofuta o o siameng wa puo Diragatsa karolo ya modiragatsi o o rileng • Farologanya lentswe le tlhagiso ya sefatlhego • Fetola rejisetara, thutapuo, popego le dithamalakwano	mokgwa o o tshwanetseng. **Ditogamaano tsa tekatlhaloganyo** • Tlotlang ka dintlha tse di botlhokwa, poloto, baanelwa le maitshetlego • Tlhagisa maikutlo le dikakanyo • Tlotla ka dintlha tse di tlholang ditiragalo mo kganyeng le gotlhalosa kamano Mokgwa wa ruta go buisa: Puisetsogodimo/tlogela tsotlhe o buise/puiso ka mogoso/puiso ka kopanelo/puiso ka nosi o buisa motshameko Tekanyetso ya go ithuta – Go ipaakanyetsa go buisetsa kwa godimo **Go buisetsa go ijesa monate.** **Padi/patsana e tla buisiwa ka metsotso e le 30 ka letsatsi**	• Dirisathuanyisediri le thuanyisedirwa Dirisathutapuo, mopeleto le matshwao a puiso a amaleba Dikgato tsa go kwala • Go dira paakanyetsotiro /Pele ga go kwala • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso • Go tlhagisa Kwala mafoko le bokao jwa ona mo thanoding ya gago kgotsa kgetsana ya mafoko Dirisa thanodi go dira mopeleto le kgodiso ya tlotlofoko **Dirisa dikarata tsa go buisa go gatelela tswelelopele ya puiso**	
TLHATLHOBO E E TLHOMAMENG TIRO 4: • **Setlhangwa sa tirisano: (Maduo: 10)** **E kwala pele ga teko e e lekanyeditsweng**				
7-8	**Go reetsa le go tsibogela pegelo** Ditirwanatsamatseno: • Ponelopele ya setlhogo le ditshwantsho • Reeletsa dintlha tse di totobetseng/kgethegileng • Araba dipotso • Abelana ka ditntlha • Ranola tshedimosetso • Sobokanya dintlha • Tlhagisa pegelo o dirisa ditšhate/dikerafo/ditafole **Tsaya karolo mo dipuisanong ka ditlhopha**	**Buisa pegelo o dirisa didiriswa jaaka** ditshate/dikerafo/ditaekeramo/ditafole/dimmapa • Pele ga puiso: ponelopele go tswa mo setlhogong le ditshwantsho • Sekasekadintlhatsabotlhokwa le tse di totobetseng **Go buisetsa go tlhaloganya** • Dirisa ditogamaano tsa puiso • Tlhalosa gore bakwadi ba dirisa jang tlotlofoko le puo go tlhalosa poloto, maitshetlego (lefelokgang le nako) le baanelwa	Go kwala pegelo • Tlhamatshedimosetso e emaleba e ikaegile ka ditengtsapatlisiso • Fetolelatshedimosetso go tswamoseemongsayona go ya go se sengwe. • Dirisa dipotso, eng, leng, kae, mang? • Rulaganya tshedimosetso ka tatelano e e siameng • Golaganya dipolelo go nna ditemana ka go dirisa maemedi le makopanyi • Dirisa thutapuo, mopeleto tse di maleba le matshwao a puiso • Tlhagisa tiro e e phepa a kagego e e	**Kgatoya go dira ka mafoko** maemedi, matlhalosi, makopanyi, **Kgatoya go dira ka dipolelo** pakatlang-tsweledi, pakapheti tsweledi, modiriso pego, mabotsi **Bokaojwamafoko** matshwao a makalo/kgagamalo, matshwao a nopolo, matshwao a potso

KGWEDITHARO 2				
BEKE	**GO REETSA LE GO BUA (TIRO YA MOLOMO)**	**GO BUISA LE GO LEBELELA**	**GO KWALA LE GO TLHAGISA**	**DIPOPEGO TSA PUO LE MELAWANA YA TIRISO**
	• Tsepama mo setlhogong • Neela poelo e e utlwalang • Tswelletsa dipuisano • Supa bomasisi go ditshwanelo tsa botho le maikutlo a ba bangwe	• Tlhalosa seabe sa tiriso ya mafoko le tshwanthsanyo ya monagano • Lemosa kamano ya tshimologo le ditlamorago tsa ditlhangwa tse di kwalwang le tse di buiwang • Buisetsa kwa godimo, o fetola lobelo fa go tlhokagalang **Ditogamaano tsa tekatlhaloganyo** • Ranola tshedimosetso ya ditshwantsho • Aroganya dikgopolo le go rebola dikakanyo o dirisa phopholetso le dikarabo tse go neelwang mabak • Dirisa mmepe wa tlhaloganyo/dintlha go sobokanya tshedimosetso • Buisanang ka tlotlofoko entšhwa go tswa mo setlhangweng se se buisitsweng • Dirisa thanodi go godisa tlotlofoko Mokgwa wa ruta go buisa: Puisetsogodimo/tlogela tsotlhe o buise/puiso ka mogoso/puiso ka kopanelo/puiso ka nosi o buisa pegelo Tekanyetso ya puisetsogodimo – Go ipaakanyetsa go buisetsa kwa godimo **Go buisetsa go ijesa monate.** **Padi/patsana e tla buisiwa ka metsotso e le 30 ka letsatsi**	nepagetseng. e e nang le ditlhogo, le go tlhola sekgala fa gare ga ditemana Dikgato tsa go kwala • Go dira paakanyetsotiro/Pele ga go kwala • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso • Go tlhagisa Kwala mafoko le bokao jwa ona mo thanoding ya gago kgotsa kgetsana ya mafoko Dirisa thanodi go dira mopeleto le kgodiso ya tlotlofoko **Dirisa dikarata tsa go buisa go gatelela tswelelopele ya puiso**	
9-10	**Teko e e tlhomameng: Tiro 5: Teko ya Seetebosigo e e lekanyeditsweng** **Tsibogelo ya ditlhangwa (Maduo: 40)** • **Potso 1: Setlhangwa (Maduo: 15)** • **Potso 2: Setlhangwapono (Maduo: 10)** • **Potso 3: Tshosobanyo (Maduo: 5)** • **Potso 4: Dipopego tsa puo le melawana ya tiriso (Maduo: 10)**			

<table>
<tr><th colspan="4">DITIRWANA TSA TLHATLHOBO (Tekanyetso ya go ithuta)</th></tr>
<tr>
<td>Ditirwana tsa go reetsa le go bua
● Mefuta ya ditirwana tsa go reetsa le go bua</td>
<td>Ditirwana tsa go buisa le go lebelela
● Dikgato tsa puiso
● Ditirwana tsa go buisetsa kwa godimo
● Ditirwana tsa tekatlhaloganyo ya puiso
● Ditirwana tsa dikwalwa go tswa dikwalweng tse tharo tse di tlhophilweng go rutwa mo kgweditharong tse pedi</td>
<td>Ditirwana tsa go kwala le go tlhagisa
• Dikgato tsa go kwala
• Go temafatsa
• Ditlhangwa tsa tirisano
• Tlhamo
Tiro ya go kwala ya boitlhamedi</td>
<td>Ditirwana tsa dipopego tsa puo le melawana

Ditirwana tse di farologaneng tsa dipopego tsa puo le melawana go ya ka mofuta wa setlhangwa</td>
</tr>
<tr><th colspan="4">MOPHATO WA 5 SETSWANA PUO YA GAE TSHOBOKANYO YA DITRWANA TSA TLHATLHOBO E E SA TLHOMAMANG: KGWEDITHARO YA 2:</th></tr>
<tr>
<td colspan="2">TLHATLHOBO E E TLHOMAMENG: TIRO 1 (Tiro ya molomo)
● Puisetsogodimo (Maduo: 20)
Tiro e, ke tsweletso go tloga kwa kgweditharo ya 1 E tla konosediwa le go rekotiwa mo kgweditharo ya 2</td>
<td>TLHATLHOBO E E TLHOMAMENG [TIRO4]
● Setlhangwa sa tirisano: (Maduo: 10)
E kwalwe pele ga teko e e laotsweng</td>
<td colspan="2">DITIRO TSA TLHATLHOBO E E TLHOMAMENG TIRO 5: TEKO E E TLHOMAMENG
(Tsibogelo ya ditlhangwa maduo a le 40)
● Potso 1: Setlhangwa tekatlhaloganyo se se buisiwang /se se sa buisiweng (Maduo: 15)
● Potso 2: Tekatlhaloganyo ka ga setshwantshopono (Maduo: 10)
● Potso 3: Go kwala tshobokanyo (Maduo: 5)
• Potso4Dipopego tsa puo le melawna (Maduo: 10)</td>
</tr>
</table>

2023/24 THULAGANYETSOTIRO YA BOSETŠHABA YA NGWAGA E E BOELEDITSWENG YA ITSHETLELO: SETSWANA PUO YA TLALELETSO: MOPHATO 5 (KGWEDITHARO 3)

KGWEDITHARO 2				
BEKE	**GO REETSA LE GO BUA**	**GO BUISA LE GO LEBELELA**	**GO KWALA LE GO TLHAGISA**	**DIPOPEGO TSA PUO LE MELAWANA**
1-2	**Go reetsa Naane (s.k, (kinane, noolwane)** **Ditirwana tsa matseno** • Ponelopele ka se seetlhangwa se tla buang ka ga sona • Tlhaolakakanyokgolo/thitokgang, poloto, maitshetlego (lefelokgang le nako), maikutlo le baanelwa ba kgang e e seng ya boammaaruri • Go farologanya magareng ga tiragalo e e leng ya nnete le e e seng ya nnete • Tsaya karolo mo dipuisanong o tshegetse kakanyo ya gago ka mabaka • Tsibogela dikakanyo le ditshitsinyo **Tlotla kgang gape (Dinaane Dikinane le dinoolwane)** • Tlotla ditiragalo tse di mo setlhangweng ka tatelano • Neela baanelwa ka nepagalo • Neelana ka dikakanyo le maikutlo ka molakgang/baanelwa/maitshetlego/molaetsa/ thitokgang ka setlhangwa jj.	**Buisa Naane (s.k, (kinane, noolwane)** **Go buisetsa bokao/go buisetsa go tlhaloganya** **Ditirwana tsa matseno** • Pele ga puiso: Dira ponelopele go tswa mo setlhogong le mo ditshwantshong mo setlhangweng • Dirisa ditogamaano tse di farologaneng tsa puiso: • go okola, go tlodisa matlho, metlhala ya tiriso le kitso e e fetileng **Thuto ya dikwalo** • Tlhalosa ka moo bakwadi ba dirisang tlotlofoko le puo go tlhalosa poloto, thitokgang le maitshetlego • Buisanang le go naya mabaka ka dikgato tsa baanelwa • Dirisa Thanodi go tlhaloganya mareo a maswa le tlotlofoko mo setlhangweng. Dithutatsela/mekgwathuto ya puiso: Puisetsogodimo/tlogela tsotlhe o buise/puiso ka setlhopha/puiso e e amoganwang/puiso ka sebedi/puiso ya naane ka nosi Tekanyetso ya go ithuta – mo go ipaakanyetseng puisetsogodimo Go buisetsa go ijesa monate: Naane (Noolwane, kinane/ padiso e e ka buisiwang letsatsi le letsatsi bonnye metsotso e le some a mararo.	**Kwala ditemana tsa tlhaloso ka setlhangwa sa Naane e o e buisitseng (sk. kinane/noolwane) dirisa letlhomeso la go kwala** **Ditirwana tsa matseno** • Tlhopha bokaelo jo bo maleba jwa diteng • Buisanang ka baanelwa, maitshetlego, molanako mo setlhangweng se se buisitsweng • Buisanang ka maitlhomo a setlhangwa • Buianang ka poloto, baanelwa le maitshetlego mo setlhangweng **Barutwana ba tshwanetse go** • Kwala tlhaloso ya baanelwa mo setlhangweng • Itshetlega ka setlhogong/thitokgang • Dirisa tlotlofoko ya tlhaloso ka boitlhamedi (sk matlhaodi) • Dirisa puo ya botshwantshi (sk tshwantshanyo, mothofatso) • Dirisa thutapuo e e maleba, mopeleto le matshwao a puiso • Kopanya dipolelo go bopa ditemana tse di golaganeng, ka go dirisa maemedi, makopanyi, le matshwao a puiso a a maleba Rekota mafoko le bokao jwa ona mo Thanoding ya mongkgotsa mo leboteng la mafoko Dirisa thanodi go peleta mafoko le kgodiso ya tlotlofoko Dirisa dikarata tsa puiso go tsamaisa dikgato tsa go buisa	**Kgato ya go dira ka mafoko** Madirimafetedi, bongwe le bontsi, nyenyefatso, ditlhogo, megatlana, matlhaodi **Kgato ya go dira ka dipolelo** Sedirwa, dipotso, puosebui le puopogelo, ditemana **Mopeleto le tiriso ya matshwao a puiso** Matshwao a nopolo, ditlhakakgolo, khutlo, phegelwana, ditsejwana

KGWEDITHARO 2				
BEKE	**GO REETSA LE GO BUA**	**GO BUISA LE GO LEBELELA**	**GO KWALA LE GO TLHAGISA**	**DIPOPEGO TSA PUO LE MELAWANA**
3-4 **TIRO YA BOITLHAMEDI YA POROJEKE** **KGATO 1 PATLISISO**	**Go reetsa le go tsaya karolo mo puisanong ya tiro boitlhamedi ya porojeke e e maleba le mofutakwalo o o tlhophilweng (poko/naane/kgangkhutswe/terama)** **Ditirwana tsa matseno** • Buisanang ka dikgato tsa patlisiso le molanako • Buisanang ka dipotso/ditlhogo tse di supang kgolo mo patlisisong ya Porojeke • Buang ka tiriso ya metswedi le didiriswa tsa patlisiso • Tsepamisa megopolo mo go tseyeng dintlha • Tlhalosa botlhokwa jwa go kaela le go kwala bibiliokerafe • Tlhalosa dikelo tsa tekanyetso le ditlhaloso tsa rubiriki/ lenane la go tlhola **Barutwana ba** • Aroganngwe ka ditlhopha kgotsa ba dire tiro ka nosi • Kgobokanya tshedimosetso ya patlisiso • Aroganang dikakanyo, megopolo mme lo tseye karolo mo dipuisanong • Rulaganya lemorago/bibiliokerafe • Boloka rekoto/bosupi jwa dikgato tsa patlisiso (Potefoliong ya Bopaki)	**Buisa tshedimosetso e e ikaegileng ka mefutakwalo e e tlhophilweng (sk poko, naane, terama/kgangkhutshwe)** **Ditirwana tsa matseno** • Neela ka dididriswa tsa patlisiso • Rotloetsa barutwana go ka tlaleleltsa mo didirisweng tsa patlisiso tse ba di nnetsweng • Boeletsa setlhangwa go godisa go tlhaloganya • Buisanang ka seabe sa diponagalo/dikarolo tsa poko/naane/terama/kgangkhutshwe • Buisanang ka seabe sa dithekeniki tsa dikwalopono tse di tlhagelelang mo dikwalong, naane, terama/kgangkhutshwe) **Barutwana ba** • Dirisa ditogamaano tsa puiso ya tekatlhaloganyo • Okola dikakanyokgolo • Tlodisa matlho mo dintlheng tse di tshegetsang • Dira ponelopele • Bopa bokao jwa mafoko a a sa tlwaelegang le ditshwantsho • Bopa kerafo ya e e rulagantsweng go ya ka tshedimosetso e e tlhophilweng (Mmapa wa dikakanyo, tšhate ya tatelano ya ditiragalo, diteraekeramo tse di bontshang tshwano le pharologanyo jj.) • Tsaya dintlha go baakanyetsa Kgato ya bobedi ya Porojeke (Go kwala)	**Dirisa mefuta e e farologaneng ya dithulaganyo tsa kerafiki go rulanya diphitlhelelo tsadipatlisiso tsa porojeke (Tiro ya boitlhamedi ya Porojeke)** **Ditirwana tsa matseno** • Bontsha diforeimi/didiriswa tse di maleba go tshegetsa mofuta wa kuno e e tlhagisitsweng (sk. Mmapa wa dikakanyo, tšhate ya tatelano ya ditiragalo, diteraekeramo tse di bontshang tshwano le pharologanyo jj.) • Gatelela botlhokwa jwa go kaela le go kwala bibiliokerafe/lemorago. • Gatelela kelo ya tekanyetso le ditlhaloso tsa rubiriki/lenane la go tlhola. Gakolola barutwana go tsepamisa megopolo mo go tsibigeleng dipotso/ditlhogo tse di lebisang kwa dipatlisisong tsa porojeke **Barutwana ba** • Tsepamisa megopolo mo dikgatong tsa patlisiso • Tsibogela dipotso/ditlhogo tsa patlisiso ka go tsibogela ka go tlhopha tshedimosetso e e maleba go tswa mo Metsweding e e dirisitsweng mo nakong ya patlisiso • Ikwalelel dintlha ka mafoko a gago mo go ipaakanyetseng go kwala Kgato ya bobedi ya Porojeke • Sala morago letlhomeso la go kwala. (Fa o le neetswe) • Dirisa melawana ya dipopego tsa puo e e maleba le tshekatsheko ya dikwalo	**Kgato ya go dira ka mafoko** Madiritota, madirilefetedi, **Kgato ya go dira ka dipolelo** Pakajaanong, pakatlang **Bokao jwa mafoko** Mothofatso, diane, maele, tshwantshanyo Natlafatso ya Dipopego tsa Puo le Melawana tse di maleba le mofutakwalo wa patlisiso o o totileng (sk Poko, naane, terama/kgangkhutshwe) Sekao: Puo, mefuta ya dipolelwana, mefuta ditemana, puosebui, puopegelo, puo e e tlhamaletse ng le ya botshwantshi **Matshwao a puiso le mopeleto** **Tlotlofokomobokaelong**

<table>
<tr><th colspan="5">KGWEDITHARO 2</th></tr>
<tr><th>BEKE</th><th>GO REETSA LE GO BUA</th><th>GO BUISA LE GO LEBELELA</th><th>GO KWALA LE GO TLHAGISA</th><th>DIPOPEGO TSA PUO LE MELAWANA</th></tr>
<tr><td colspan="3">DITAELO GO MORUTABANA
• Tirwana ya dikgato tsa patlisiso e tswelela mo tshekong ya dibeke tse pedi
• Bopaki jwa ditirwana le dikgato di tshwanetse tsa bolokwa mo bukatirong/faele/potefolio ya bopaki ya morutwana
• Bontsha ka moo patlisiso e dirwang ka teng – ‘Ke a dira, Re a dira, O a dira’
• Diphetlhelelo mo patlisisong di tshwanetse go arabela dipotso/ditlhogo.</td><td colspan="2">• Tsepamisa mogopolo mo Kaelong le mo kagegong ya bibiliokerafe
• Lekanyetsa Kgato ya ntlha: Lekanyetsa ka go dirisa rubiriki/lenanetekanyetso mme o neele barutwana dintlha tsa dipoelo tsa tiro ya bona
• Ditirwana tsotlhe di dirwe mo phaposiborutelong ka fa tlase ga bokaedi jwa morutabana
• Tekanyetso ya go ithuta e tswelele pele</td></tr>
<tr><td>5-6

TIRO YA BOITLHAMEDI YA POROJEKE

KGATO YA BOBEDI

GO KWALA</td><td>Ditogamaano tsa Go Buisa le Go Reetsa
Tsepamisa mogopolo mo mofutakwalong o o maleba (poko, naane, terama/kgangkhutshwe)
Ditirwana tsa matseno
• Buisang ka mofutakwalo mme lo tlhalose diponagalo
• Tlhalosa se se solofetsweng mo go kwaleng tirwana
• Tlotla le barutwana ka moo go ka rulaganngwang ka teng tiro ya go kwala ba dirisa dikgato tsa go kwala
• Neela barutwana letlhomeso go le dirisa go kwala
• Kaela barutwana ka moo ba ka tlatsang letlhomeso ka teng
• Bontsha barutwana gore go kwalwa jang - Ke a dira, Re a dira, O a dira’
• Neela ditaelo tse di maleba le tirwana ya go kwala.
Barutwana ba
• Itlhamele polokelo ya mafoko mabapi le setlhogo se se tlhophilweng
• Barutwana ba tla abelana ka dintlha mo dipuisanong
• Tlhaloganya ditsholofelo tse di maleba le potso/setlhogo tsa setlhangwa</td><td>Ditogamano tsa Go buisa le Go lebelela
Kaela barutwana go tlhaloganya rubiriki/ditlhokego tsa tekanyetso ya Tiro ya boitlhamedi ya Porojeke
Ditirwana tsa matseno
• Neelana ka tshedimosetso mabapi le molanako
• Kaela barutwana go ka buisa le go dirisa dintlha tsa patlisiso
• Buisa le go buisana ka rubiriki
• Tlhatlhamomola dikelo le ditlhaloso mo rubiriking
Barutwana ba
• Buisa mofutakwalo o o tlhophilweng
• Buisana le go tlhaloganya rubiriki
• Buisana le go tlhaloganya letlhomeso la go kwala
• Supa melawana e e kgethegileng mabapi le mofutakwalo o o batlisisitsweng</td><td>Kwala/thala/tlhama dintlha tse di kwadilweng tsa setlhogo se se tlhophilweng
Ditirwana tsa matseno
• Neela barutwana letlhomeso go le dirisa fa ba kwala
• Kaela barutwana ka moo ba ka tlatsang letlhomeso la go kwala ka teng
Buisanang ka dikgato tsa go kwala
• Go ipaakanya/pele ga go kwala
• Go kwala setlhangwa sa ntlha
• Go boeletsa
• Tseleganya
• Go tlhotlha diphoso
• Go tlhagisa setlhangwa sa bofelo
• Buisanang ka dintlha tsa dikwalo/diponagalo tse di maleba le setlhangwa se se tlhophilweng
Barutwana ba
• Dirisa letlhomeso la go kwala (fa go tlhokega)
• Tseleganya setlhangwa sa ntlha
• Tlhotlha diphoso morago ga go tseleganya setlhangwa sa ntlha
• Kwala le go tlhagisa setlhangwa sa bofelo</td><td>Kgato ya go dira ka mafoko
Letlama, lefoko le le tlang pele ga leina (sk bontsi jwa basimane ba robetse
Kgato ya go dira ka dipolelo
Dipaka tsa nako (pakajaanong, pakatlang, pakaisago, jj)
Bokao jwa mafoko
Malatodi
Mopeleto le matshwao a puiso
Matshwao a potso, tiriso ya thanodi, tatelano ya mafoko.
Tlaleletso ya dipopegotsa puo le melawana tse di fitlheletsweng mo dibekeng tse di fetileng
• Matshwao a puiso le mopeleto
• Dipaterone tsa go rekisa
• Tlotlofoko mo bokaelong
• Kagego le diponagalo tse di maleba
• Rulaganya diteng (mmapa wa dikakanyo, dintlha kgolo le tsa tshegetso)
• Ditemana/melawana ya ditshwantshopono
• Tatelano ya ditemana/dikakanyo go netefatsa momagano
• Melawana ya puo jaaka e tlhokega go ya ka ditlhogo tse di tlhophilweng</td></tr>
</table>

<table>
<tr><th colspan="5">KGWEDITHARO 2</th></tr>
<tr><th>BEKE</th><th>GO REETSA LE GO BUA</th><th>GO BUISA LE GO LEBELELA</th><th>GO KWALA LE GO TLHAGISA</th><th>DIPOPEGO TSA PUO LE MELAWANA</th></tr>
<tr><td></td><td colspan="2">DITAELO GO MORUTABANA
• Tirwana ya dikgato tsa go kwala e tswelela mo tshekong ya dibeke tse pedi
• Bopaki jwa ditirwana tsa dikgato tsa go kwala di tshwanetse tsa bolokwa mo bukatirong/faele/potefolio ya bopaki ya morutwana
• Tsamaisa dikgato tsa go kwala
• Diphitlhelelo mo patlisisong di tshwanetse go arabela dipotso/ditlhogo</td><td colspan="2">• Tsepamisa mogopolo mo Kaelong le mo kagegong ya bibiliokerafe
• Lekanyetsa Kgato ya bobedi: Lekanyetsa ka go dirisa rubiriki/lenane la go tlhola mme o neele barutwana dintlha tsa dipoelo tsa tiro ya bona
• Ditirwana tsotlhe di dirwe mo phaposiborutelong ka fa tlase ga bokaedi jwa morutabana
• Morutwana mongwe le mongwe o tshwanetse go kwala tiro ka nosi e e tla tshwaiwang go ya ka rubiriki</td></tr>
<tr><td>TIRO YA BOITLHAMEDI YA POROJEKE

KGATO YA BORARO
TLHAGISO YA MOLOMO</td><td colspan="4">DITAELO GO MORUTABANA
• Ditirwana tsotlhe di dirwe mo phaposiborutelong ka fa tlase ga bokaedi jwa morutabana
• Tlhagiso ya tiro ya Molomo e ka dirwa ka tsela tse di latelang: Tlhagiso ka Nosi, ka Bobedi kgotsa ka Ditlhopha mme di tshwaiwe ka rubiriki e e abetsweng morutwana mongwe le mongwe
• E tsamaisane le setlhangwa se se tlhophilweng (sk Poko, naane, terama/kgangkhutshwe)
• Sekao: Terama e ka diragatswa, pPoko, tiragatso ya poko, jj
• Tekanyetso ya go ithuta e e tswelelang</td></tr>
<tr><td>7-8</td><td>Reetsa le go buisana ka Papatso
Ditirwana tsa matseno
• Ditirwana tsa matseno: Ponelopele
• Reetsa dintlha tse di kgethegileng
• Supa dintlha tsa botlhokwa
Barutwana ba
• Buisanang ka botlhokwa jwa Papatso
• Tlhagisa dikakanyo le maikutlo ka tsela ya kgopolo
• Tsibogela dikakanyo le ditsitsinyo tsa ba bangwe ka bosisi
• Neelanang ka dipoelo tsa dipuisano
• Aroganang dikakanyo le go tlhagisa maikutlo mo ditlhogong tse di sa tlwaelegang
• ELA TLHOKO: Tekanyetso ya go ithuta e e tswelelang – Mo ipaakanyong ya</td><td>Buisa Papatso
Ditirwana tsa matseno
• Dirisa ditogamano tsa puiso: Tlodisa matlho mo dintlheng tsa botlhokwa, okola dikakanyo tsa kakaretso, bonela pele diteng, dirisa kitso ya pele kgotsa metlhala ka setlhangwa, ipopele bokao
Barutwana ba
• Lebelela le go tlhagisa ka dithekeni tsa ditshwantsho tse di dirisitsweng mo ditlhangweng tsa pono: mmala, mafoko, boalo
Mekgwathuto ya go buisa
• Puisetsogodimo (Tlogela tsotlhe mme o buise)
• Puiso ka setlhopa
• Puiso ka kopanelo
• Puiso ka sebedi
• Puiso ka nosi ka patsana
Go buisetsa monate</td><td>Kwala Papatso
Ditirwana tsa matseno
• Tlhagisa dikakanyo ka go tlhaloganyesega le ka tatelano
• Dirisa ditshwantsho le boalo tse di maleba le maitlhomo a go kwala papatso
• Dirisa tlotlofoko e e farologaneng, thutapuo e e maleba, mopeleto le matshwao a puis.
• Dirisa puo go itlhamela le le dikgopolo go tlhagisa dintlha ka tlhamalalo
Dikgato tsa go Kwala
• Go ipaakanya/pele ga go kwala
• Go kwala setlhangwa sa ntlha
• Go boeletsa
• Tseleganya
• Go tlhotlha diphoso
• Go tlhagisa setlhangwa sa bofelo
Thanodi ya Mong</td><td>Kgato ya go dira ka mafoko
Matlhalosi, matlhaodi
Kgato ya go dira ka dipolelo
Polelonolo, thuanyisediri
Mopeleto le matshwao a puiso
Dikhutswafatso tsa mafoko. ditsejwana</td></tr>
</table>

KGWEDITHARO 2				
BEKE	**GO REETSA LE GO BUA**	**GO BUISA LE GO LEBELELA**	**GO KWALA LE GO TLHAGISA**	**DIPOPEGO TSA PUO LE MELAWANA**
	tlhagisa ya tiro ya Molomo ya Kgweditharo ya Bone	• Poko, Patsana di tshwanetse go buisiwa letsatsi le letsatsi mo metsotsong e le some a mararo • Bontsha tshupo mo setlhangweng se se buisitsweng ka nosi • Golaganya le bokaelo jwa gago	• Rekota mafoko le ditlhaloso tsa ona mo thanoding ya mong • Dirisa ditshwantsho kgotsa dipolelwana ka go dirisa mafoko kgotsa ditlhaloso go supa bokao jj. • Tsenya tlotlofoko e ntšhwa mo lebotaneng la mafoko	
9-10	**Reetsa poko** **Ditirwana tsa matseno** • Ponelopele • Kgatlhegela le go tsibogela modumo o o tlhagisitsweng ke mmoki **Tlhalosa ditiragalo** • **Tlotlang a mooko wa kgopolo** • **Tlhagisa maitegelo a gago** • **Tlhagisa maikutlo a a susumeditsweng ke leboko mo go wena** • **Tlotlang ka segalo le puo e e dirisitsweng le seabe sa yona mo moreetsing, le gore puo e dirisitswe jang go tlhola mowa wa poko** **Diragatsa leboko/mela e e tlhophilweng** • Tlhopha segalo le maikutlo a a totobetseng mo thutong le mo setaeleng sa poko. • Dirisa segalo se se maleba le puo ya sefatlhego. • Dirisa puo e e maleba ya mmele, moemo le dikgono tsa tlhagisa, sk lebelo le modumo tse di lekanyeditsweng	**Buisa Leboko** **Buiesetsa go tlhaloganya** • Pele ga puiso: Dira ponelopele go tswa mo setlhogong le mo ditshwantshong mo setlhangweng • Dirisa ditogamaano tse di farologaneng tsa puiso • Go okola dikakanyokgolo • Tlodisa matlho mo dintlheng tse di tshegetsang • Dira ponelopele • Bopa bokao jwa mafoko a a sa tlwaelegang le ditshwantsho **Ditogamano tsa tekatlhaloganyo** • Dira diponelopele, dirisa medumopuo le motlhala mo bokaelong, bonela pele bokhutlo **Thuto ya Dikwalo** • Supa morumo le moribo mme o tlhagisa seabe sa tsona mo moreetsing • Tlhagisa maikutlo le dikgopo • Amanya dintlha tsa leboko le botshelo jwa gago • Dirisa thanodi go godisa tlotlofoko • Mekgwathuto ya puiso: **Puisetsogodimo** (Tlogela tsotlhe mme o buise) • Puiso ka setlhopa • Puiso ka kopanelo • Puiso ka sebedi	**Kwala leboko** **Ditirwana tsa matseno** • Dirisa poeletsomodumo (tumammogo le poeletsomodumo ya ditumanosi), tshwantshiso le tshwantshanyo • Bontsha go tlhaloganya setaele le rejisetara. • Supa le go tlhatlhoba mokwalo le tiro ya boitlhamedi • Dirisa matshwaoa puiso a a maleba le melawana **Dikgato tsa go Kwala** • Go ipaakanya/pele ga go kwala • Go kwala setlhangwa sa ntlha • Go boeletsa • Tseleganya • Go tlhotlha diphoso • Go tlhagisa setlhangwa sa bofelo • Rekota mafoko le ditlhaloso tsa ona mo thanoding ya mong. • Dirisa thanodi go peleta le go godisa tlotlofoko Dirisa karata ya puiso mo go tsamaiseng dikgato tsa puiso	**Kgato ya go dira ka mafoko** Mainagoboka, mainakgopolo malatlhelwa, **Kgato ya go dira ka dipolelo** Pakajaanongtsweledi, **Bokao jwa mafoko** Poeletsomodumo, poeletsomodumo ya ditumanosi, ditumammogo, moribo, morumo, tshwantshanya le tshwantshiso. **Mopeleto le matshwao a puiso** Kgaoganyo ya mafoko, tiriso ya thanodi, letshwao la tsiboso

KGWEDITHARO 2				
BEKE	**GO REETSA LE GO BUA**	**GO BUISA LE GO LEBELELA**	**GO KWALA LE GO TLHAGISA**	**DIPOPEGO TSA PUO LE MELAWANA**
		• Puiso ka nosi o buisa ka motshameko/mmuisano **Tekanyetso ya go ithuta – mo go ipaakanyetseng Puisetsogodimo** Go buisetsa monate: Leboko/ Padiso di tshwanetse go buisiwa letsatsi le letsatsi mo metsotsong e le some a mararo		

MOPHATO 5 (DITIRWANA TSE E SENG TSA TLHOMAMO)			
Ditirwana tsa go Reetsa le Go bua • **Ditirwana tsa go Reetsa le Go bua**	**Ditirwana tsa Go Buisa le Go Lebelela** • **Dikgato tsa go buisa** • **Ditiro tsa go buisetsagodimo** • **Ditiro tsa tekatlhaloganyo ya puiso** • **Ditro tsa dikwalo go ikaegilwe ka ditlhangwa di le tharo tse di tlhaotsweng tsa semesetara**	**Ditirwana tsa Go Kwala le Go Tlhagisa** • **Dikgato tsa go kwala** • **Go kwala ditemana** • **Ditlhangwa tsa tirisano** • **Tlhamo** • **Tlhamo ya boitlhamedi**	**Ditirwana tsa Dipopego tsa Puo le Melawana** **Ditiro tse di farologaneng tsa Dipopegotsa Puo le Melawana ya Tiriso tse di ikamagantseng le Setlhangwa**
DITIRWANA TSE E SENG TSA TLHOMAMO): • Tekanyetso ya ditirwana tse di sa tlhomamang di tshwanetse go dirisiwa go neelana ka ditaelo le ditšhono tsa thutokgopololo le natlafatso • Ka tiriso ya dipotso, dipuisano, pogelo, tekanyetso ya ditiro tse di sa tlhomamang di ka thusa morutabana ka dipoelo tsa ka bonako		• Tekanyetso ya go ithuta e tshwanetse go nna e e tswelelang • Tekanyetso ya go ithuta e e tswelelang e tshwanetse go baakanyetsa tlhagisa ya Tiro ya Molomo ya Kgweditharo ya Bone	

MOPHATO 5 SETSWANA PUO YA TLALELETSO TSHOSOBANYO YA DITIRO TSA TLHATLHOBO E E TLHOMAMENG: KGWEDITHARO YA BORARO	
TEKANYETSO E ETLHOMAMENG TIRO 6 TIRO YA BOITLHAMEDI YA POROJEKE • **Kgato 1: Patlisiso (Maduo: 10)** • **Kgato 2: Go kwala (Maduo: 30)** • **Palogotlhe ya maduo (Maduo: 40)** • **Patlisiso le go kwalaporojeke (Maduo: 20 + 30 = 50)** **Porojeke e dirwe go ikaegile ka setlhangwa se le SENGWE se se ithutilweng:** **Maboko/terama/kgangkhutshwe**	**TEKANYETSO E ETLHOMAMENG TIRO 7** **TIRO YA BOITLHAMEDI YA POROJEKE** • **Tlhagiso ya tiro ya molomo ya porojeke (Maduo: 20)** • **Palogotlhe ya maduo (Maduo: 20)** • **Barutabana ba simolole go lekanyetsa Tiro ya Molomo motsamaong ya Kgweditharo ya Boraro mme ba e feleletse mo Kgweditharong ya Bone fa maduo a rekotiwa** • **Go tshwanetse go dirisiwe ditlhangwa tse di farologaneng go ralala mephato** **Tekanyetso ya go ithuta e e tswelelang e tshwanetse go baakanyetsa tlhagisa ya Tiro ya Molomo ya Kgweditharo ya Bone**

2023/24 THULAGANYETSOTIRO YA BOSETŠHABA YA NGWAGA E E BOELEDITSWENG YA ITSHETLELO: SETSWANA PUO YA TLALELETSO: MOPHATO 5 (KGWEDITHARO 4)

KGWEDITHARO 4				
BEKE	**GO REETSA LE GO BUA (TIRO YA MOLOMO)**	**GO BUISA LE GO LEBELA**	**GO KWALA LE GO TLHAGISA**	**DIPOPEGO TSA PUO LE MELAWANA YA TIRISO**
1-2	Reetsa le go tsibogela kgang sk. Naane, (Noolwane/kinane) go tswa mo Padisong Ditirwanatsamatseno: • Ponelopele Tlhaloso ya ditiragalo: • Supa dikakanyokgolo, poloto, maitshetlego boalo, le baanelwa mo kgannyeng ya maiterelo • Neela pharologanyo gareng ga ditiragalo tsa nnete le tse e seng tsa nnete • Tshegetsa kakanyo ya gago • Tsitsibogela dikakanyo le ditshitsinyo ka tshisimogo • Neelana ka dipoelo tse di tsepameng e bile di nonofile go aga Poloto, thitokgang le maitshetlego	**Buisa Kgang, sk, Naane** (Noolwane/kinane) **go tswa mo bukeng ya Morutabana le Padiso** **Go buisetsa goo tlhaloganya** • Dirisa ditogamano tse di farologaneng tsa go buisa • Okola dkakanyokgolo • Tlodisa matlho mo dintlheng tse di tshegetsang • Dira ponelopele • Bopa bokao jwa mafoko a a sa tlwaelegang le ditshwantsho • Tlhaloganya seabe sa puo ya botshwantshi le dipotso tse di sa tlhokeng dikarabo **Ditogamano tsa go reetsa** tekatlhaloganyo: • Bakwadi ba dirisa tlotlofoko le puo e e tlhalosang maitshetlego. Buisetsa kwa godimo ka nosi ka maikutlo a a edileng • Tshwaela ka poloto, thitokgang, baanelwa le maitshetlego • Buisanang ka tlotlofoko e ntšhwa go tswa mo setlhangweng se se buisitsweng • Dirisa thanodi Dithutatsela/mekgwathuto ya puiso: Puisetsogodimo/tlogela tsotlhe o buise/puiso ka setlhopha/puiso e e amoganwang/puiso ka sebedi/puiso ya naane ka nosi Tekanyetso ya go ithuta – mo go ipaakanyetseng tlhagiso ya Tiro ya Molomo	**Go kwala Kgang (sk.** Noolwane/kinane) • Dirisa diphologolo jaaka baanelwa • Aga poloto, baanelwa le maitshetlego • Tlhopha diteng tse di maleba go bareetsi le maitlhomo a setlhangwa • Dirisa puo ya boikakanyetsi ka tlotlofoko e e farologaneng • Dirisa puo ya botshwantshi, sk, Tshwantshanyo le tshwantshiso • Golaganya dipolelo mo ditemaneng tse di momaganeng ka go dirisa maemedi, makopanyi le tiriso e e maleba ya matshwao a puiso • Dirisa dipopego tsa puo tse di maleba, mopeleto le matshwao a puiso **Kwala tlhaloso ya moanelwa** • Tlhopha diteng tse di maleba • Itshetlege ka setlhogo • Dirisa tlotlofoko e e tlhalosang bogolo o dirisa mefuta ya matlhaodi (sk letlhaodi la mmala, popego, palo) Dirisa puo ya botshwantshi, sk, Tshwantshanyo le tshwantshiso **Dirisa dikgato tsa go kwala** • Neela dikakanyo o dirisa dimmepe tsa tlhaloganyo • Tlhagisa setlhangwa sa ntlha • Boeletsa • Tlhotlha diphoso • Kwala setlhangwa sa bofelo • Tlhagisa setlhangwa sa bofelo se se phepa e bile se buisega	**Kgato ya go dira ka mafoko** Leina, ditlhogo, megatlana, letlhaodi, letlhalosi, maemedi, makopanyi **Kgato ya go dira ka dipolelo** Sediri, sedirwa, thuanyi sediri, dithuanyi **Bokao jwa mafoko** Diane, maele, tshwantshiso **Mopeleto le matshwao a puiso** Tiriso ya thanodi

KGWEDITHARO 4				
BEKE	**GO REETSA LE GO BUA (TIRO YA MOLOMO)**	**GO BUISA LE GO LEBELA**	**GO KWALA LE GO TLHAGISA**	**DIPOPEGO TSA PUO LE MELAWANA YA TIRISO**
		Go buisetsa go ijesa monate: Naane/ padiso e e ka buisiwang letsatsi le letsatsi bonnye metsotso e le some a mararo.	Rekota mafoko le bokao jwa ona mo Thanoding ya mong kgotsa mo loboteng la mafoko Dirisa thanodi go peleta mafoko le kgodiso ya tlotlofoko Dirisa dikarata tsa puiso go tsamaisa dikgato tsa go buisa	
3-4	**Reetsa le go tsibogela pegelo sk, dikgang, ditiragalo tsa sešweng** **Ditirwana tsa matseno** • **Ponelopele** **Tlhaloso ya ditiragalo** • Ditirwana tsa matseno: ponelopele • Supa dikakanyokgolo le dintlha tse di totobetseng/kgethegileng • Amanya kgang le botshelo jwa gago • Tlhagisa le go tshegetsa dikakanyo • tsa gago ka mabaka • Botsa dipotso tse di tseneletseng tse • di senang dikarabo tse di bonolo • Buisana ka kagego, diponagalo, tiriso • ya puo le popego ya setlhangwa **Tlhaloso ya ditiragalo** **Tlhagisa pegelo ya molomo** • Dirisa popego e e maleba: • tshimologo, mmele le bokhutlo • Tlhagisa kakanyokgolo/thitokgang le • dintlha tse di tshegetsang • Dirisa puo ya mmele e e maleba • le dikgono tsa tlhagiso, sekao, go • lebelela bareetsi, modumo • Tsaya karolo mo dipuisanong • Tlhomama mo setlhogong • Neela pegelo e e agang • Tshegetsa puisano • Bontsha masisi mo ditshwanelong le	**Buisa setlhangwa sa tshedimosetso le ditshwantshopono** (ditshwantsho/ditaekeramo/dimmapa) • Pele ga puiso: ponelopele ya setlhogo, dikaditlhogo le ditshwantsho **Go buisetsa goo tlhaloganya:** • Dirisa ditogamano tse di farologaneng tsa go buisa • Okola dkakanyokgolo • Tlodisa matlho mo dintlheng tse di tshegetsang • Dira ponelopele • Bopa bokao jwa mafoko a a sa tlwaelegang le ditshwantsho. • Boeletsa go godisa go tlhaloganya. **Ditogamano tsa tekatlhaloganyo** ● Aroganya dikgopolo le go rebola ● dikakanyo o dirisa phopholetso le ● dikarabo tse go neelwang mabaka • Buisanang ka dikakanyokgolo le dintlha tse di kgethegileng. ● Tlhagisa le go tshegetsa kakanyo ya ● gago ka mabaka • Botsa dipotso tse ditseneletseng tse ● di senang dikarabo tse di bonolo/ ● tlwaelegileng • Dirisa mmepe wa tlhaloganyo/dintlha ● go sobokanya tshedimosetso	**Go kwala pegelo** • Kwala pegelo o dirisa foreimi/letlhomeso • Rulaganya tshedimosetso ka tsela e e kgodisang • Dirisa thutapuo, mopeleto le tiriso ya matshwao a puiso a a maleba. • Tlhagisa tiro e e phepa o dirisa kagego e e siameng, jaaka setlhogo, le go tlogela sebaka go kgaoganya ditemana, jalo-jalo. **Dikgato tsa go kwala** • Go dira paakanyetsotiro/pele ga go kwala • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le • Go tlhagisa Rekota mafoko le bokao jwa ona mo Thanoding ya mong kgotsa mo loboteng la mafoko Dirisa thanodi go peleta mafoko le kgodiso ya tlotlofoko Dirisa dikarata tsa puiso go tsamaisa dikgato tsa go buisa	**Kgato ya go dira ka mafoko** Mediriso (modiriso-go, Modirisotlwaelo, modirisotaelo, modidisokgonego jj), makopanyi **Kgato ya go dira ka dipolelo**: Dipolelwanaina, polelwanatlhaodi, polelwanatlhalosi, letlama **Bokao jwa mafoko** Makaelagongwe, malatodi, makwalwatshwana, ditumatshwano, makwala tshwano le madumotshwano **Mopeleto le matshwao a puiso** Kgaoganyo ya mafoko, Tiriso ya thanodi, ditlhakakgolo

KGWEDITHARO 4				
BEKE	**GO REETSA LE GO BUA (TIRO YA MOLOMO)**	**GO BUISA LE GO LEBELA**	**GO KWALA LE GO TLHAGISA**	**DIPOPEGO TSA PUO LE MELAWANA YA TIRISO**
	maikutlo a ba bangwe	• Dirisa thanodi go godisa tlotlofoko [e boelediwe mo thutong nngwe] Dithutatsela/mekgwathuto ya puiso: Puisetsogodimo/tlogela tsotlhe o buise/puiso ka setlhopha/puiso e e amoganwang/puiso ka sebedi/puiso ya naane ka nosi Tekanyetso ya go ithuta – mo go ipaakanyetseng tlhagisa ya Tiro ya Molomo Go buisetsa go ijesa monate: Pegelo/padiso e e ka buisiwang letsatsi le letsatsi bonnye metsotso e le some a mararo		
TEKANYETSO E ETLHOMAMENG TIRO 7 **TIRO YA BOITLHAMEDI YA POROJEKE** • **Tlhagiso ya tiro ya molomo ya porojeke (Maduo: 20)** • **Palogotlhe ya maduo (Maduo: 20)** • **Barutabana ba simolole go lekanyetsa Tiro ya Molomo mo tsamaong ya Kgweditharo ya Boraro mme ba e feleletse mo Kgweditharong ya Bone fa maduo a rekotiwa** • **Go tshwanetse go dirisiwe ditlhangwa tse di farologaneng go ralala mephato** **Tekanyetso ya go ithuta e e tswelelang e tshwanetse go baakanyetsa tlhagisa ya Tiro ya Molomo ya Kgweditharo ya Bone**				
5-6	**Go reetsa le go buisana ka setlhangwa sa tshedimosetso** **Ditirwana tsa matseno** • ponelopele • Tsaya karolo mo dipuisanong, o • tlhalosa kakanyo ya gago • **Tlhaloso ya ditiragalo** • Supa le go tlhalosa lebaka le • ditlamorago • Tshwaela ka boleng/mesola ya • loago, setho le loago • Botsa dipotso tse di tseneletseng • Botsa dipotso tse di tseneletseng tse • di di gwetlhang le go batla ditlhaloso • tse dintsi • Dirisa ditogamaano tsa tirisano • go tlhaeletsana mo maemong a	**Buisa setlhangwa sa tshedimosetso sa dtshwantsho**, sekao, dimmepe/ dikerafo/ditšhate/manane **Go buisetsa go tlhaloganya** • Dirisa ditogamaano tse di • farologaneng tsa puiso go • tlhaola dikakanyokgolo le tse di tshegetsang • Sobakanya tshedimosetso • Ranola ditshwantsho • Dirisa kitso e e fetileng kgotsa • metlhala ya setlhangwa go • tlhomamisa bokao • Itirele ditshwetso • Fetisetsa tshedimosetso go tswa • mo ditshwantshong go ya mo • sebopegong sa kanelo	**Kwala Setlhangwa sa Tshedimosetso** Kwala ditemana di le Tharo – Nne ka Setlhangwa Kwala polelo ya setlhogo le go akaretsa tshedimosetso e e maleba • go tlhama temana e e lomaganeng. • Dirisa thutapuo, mopeleto le • matshwao a puiso a a maleba • Dirisa diteng tse di maleba go bareetsi ba ba totilweng le maitlhomo a setlhangwa • Tlhagisa tshedimosetso e e utlwalang • Rulaganya diteng ka tlhomamo • Kwala temana ya matseno mme o tsenyeletse tshedimosetso go bopa temana e e utlwalang • Dirisa mefuta e e farologaneng ya	**Kgato ya go dira ka mafoko** Lefoko le le nopolang maina a asetseng a umakilwe, le diritota, matlhaodi **Kgato ya go dira ka dipolelo** polelwanalaina, lediri le e leng polelo, kganetso, potso **Bokao jwa mafoko** Diane, maele, tshwantshiso, tshwantshanyo **Mopeleto le matshwao a puiso** Tiriso ya thanodi, kgaoganyo ya mafoko

KGWEDITHARO 4				
BEKE	**GO REETSA LE GO BUA (TIRO YA MOLOMO)**	**GO BUISA LE GO LEBELA**	**GO KWALA LE GO TLHAGISA**	**DIPOPEGO TSA PUO LE MELAWANA YA TIRISO**
	• setlhopha ka nonofo	Dithutatsela/mekgwathuto ya puiso: Puisetsogodimo/tlogela tsotlhe o buise/puiso ka setlhopha/puiso e e amoganwang/puiso ka sebedi/puiso ya Motshameko ka nosi Tekanyetso ya go ithuta – mo go ipaakanyetseng tlhagisa ya Tiro ya Molomo Go buisetsa go ijesa monate: Pegelo/motshameko o o ka buisiwang letsatsi le letsatsi bonnye metsotso e le some a mararo	dipolelo • Dirisa thutapuo, mopeleto le matshwao a puiso **Dikgato tsa go kwala** • Go dira ipaakanyetso-tiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa Rekota mafoko le bokao jwa ona mo Thanoding ya mong kgotsa mo loboteng la mafoko Dirisa thanodi go peleta mafoko le kgodiso ya tlotlofoko Dirisa dikarata tsa puiso go tsamaisa dikgato tsa go buisa	
TEKANYETSO E ETLHOMAMENG TIRO 8: • **Ditlhangwa tsa tirisano: (Maduo: 10)** **E kwalwe pele ga teko e e laolwang**				
7-8	**POELETSO** **Tekanyetso e e tlhomameng ya tlhagisa ya tiro ya molomo**			
9-10	**TEKANYETSO E ETLHOMAMENG TIRO 9: TEKO YA BOFELO JWA NGWAGA E E LAOLWANG** **TSIBOGELO YA DIKWALO (40 MADUO)** • **Potso 1: Tekatlhaloganyoyapuisoyadikwalo /e esengyadikwalo (Maduo: 15)** • **Potso 2: Setlhangwapono (Maduo: 10)** • **Potso 3: Tshobokanyo (Maduo: 5)** • **Potso 4: Dipopegotsapuo le melawanayatiriso (Maduo: 10)**			

MOPHATO 5 (DITIRWANA TSE E SENG TSA TLHOMAMO)			
Ditirwana tsa go Reetsa le Go bua • **Ditirwanatse di farologaneng tsa Go Reetsa le Go Bua**	**Ditirwana tsa Go Buisa le Go Lebelela** • **Dikgato tsa go buisa** • **Ditiro tsa go buisetsagodimo** • **Ditiro tsa tekatlhaloganyo ya puiso** • **Ditiro tsa dikwalo go ikaegilwe ka ditlhangwa di le tharo tse di tlhaotsweng tsa semesetara**	**Ditirwana tsa Go Kwala le Go Tlhagisa** • **Dikgato tsa go kwala** • **Go kwala ditemana** • **Ditlhangwa tsa tirisano** • **Tlhamo** • **Tlhamo ya boitlhamedi**	**Ditirwana tsa Dipopego tsa Puo le Melawana** • **Ditiro tse di farologaneng tsa Dipopego tsa Puo le Melawana ya Tiriso tse di ikamagantseng le Setlhangwa**
MOPHATO 5 SETSWANA PUO YA TLALELETSO TSHOSOBANYO YA DITIRO TSA TLHATLHOBO E E TLHOMAMENG: KGWEDITHARO 4			
TEKANYETSO E E TLHOMAMENG TIRO1 **TIRO YA MOLOMO:** • **Go buisetsagodimo (Maduo: 20)** **Simolola ka tiro e mo kgweditharo 3 mme e feleletswe mo kgweditharo ya 4 fa maduo a tla bo a rekotiwa**	**Ditirwanatsa go Buisa le go Lebelela** • **Dikgatotsa go buisa** • **Ditirwanatsa go buisetsagodimo** • **DitirwanatsaTekatlhaloganyo** • **Ditirwanatsadikwalo di ikaegile ka di le tharotse di tlhaoletswengsemesetara**	**Ditirwana tsa Go Kwala le Go Tlhagisa** • **Dikgato tsa go kwala** • **Go kwala ditemana** • **Ditlhangwa tsa tirisano** • **Tlhamo** • **Tlhamo ya boitlhamedi**	**Ditirwana tsa Dipopego tsa Puo le Melawana** **Ditiro tse di farologaneng tsa Dipopego tsa Puo le Melawana ya Tiriso**

TEKANYETSO YA DITIRO TSE DI TLHOMAMENG	
MO TSAMAONG YA NGWAGA	**TLHATLHOBO**
TEKANYETSO E E LEKANYEDITSWENG KWA SEKOLONG	**DITLHATLHOBO**
Ditekanyetso tse di tlhomameng 1. Tiro ya Molomo (Puisetsogodimo go ralala Semesetara 1) 2. Ditiro tsa go Kwala 3. Tsibogelo ya ditlhangwa 4. Teko ya Seetebosigoo e e laolwang	1. Tiro ya Molomo – Tlhagiso ka boitlhamedi jwa go kwala Porojeke (Semesetara 2) 2. Ditlhangwa tsa go Kwala tsa Tirisano 3. Teko ya bofelo jwa ngwaga e e laolwang