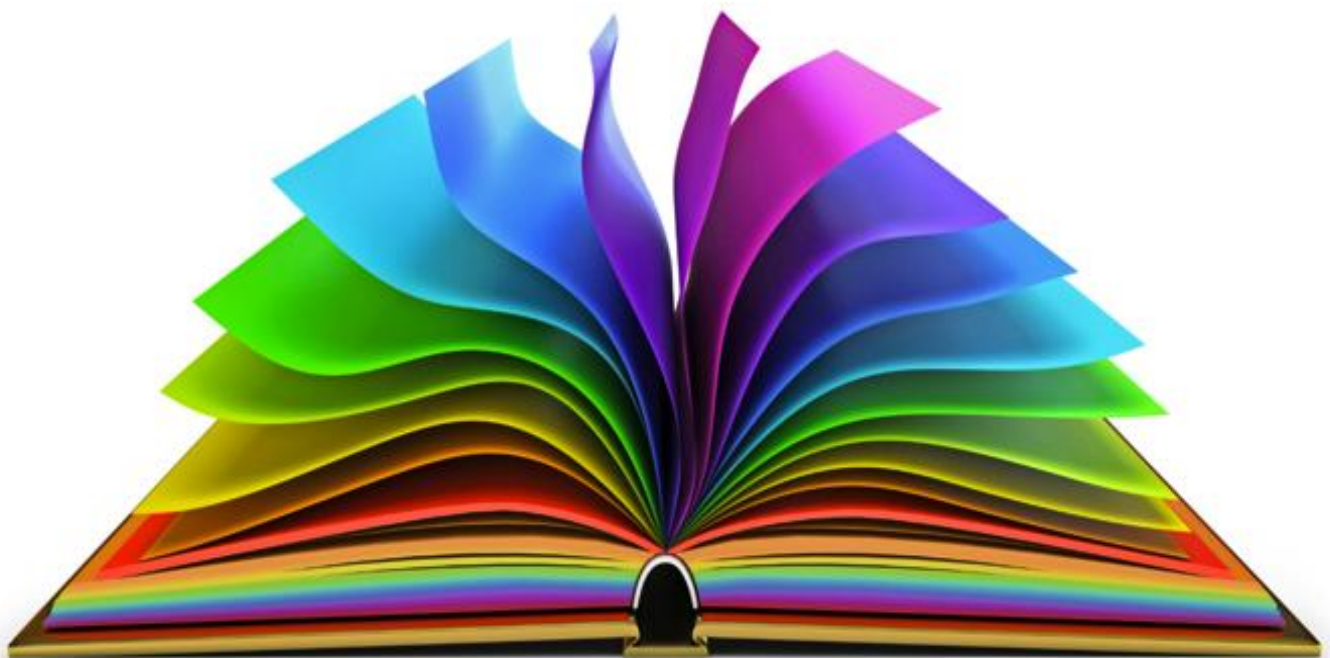


Grade 8
Term 2
Life Orientation
Memorandum





ACTIVITY: SLIDES 8-11

Complete the following quizzes to identify if you are a visual learner, aural learner, kinaesthetic learner or a reading and writing learner.

Quiz A: Visual

Quiz A : Visual	Yes	No
I always ask for instructions to be repeated		
I watch body language and facial expression when been spoken to		
I take notes to read later on		
I remember best when drawing pictures or writing things down		
I am good at spelling		
I enjoy drawing graphs and reading maps		
I remember this when I see a picture of them		
I can follow written instructions better than oral ones		

Quiz B: Aural

Quiz B : Aural	Yes	No
I follow spoken directions more easily than written ones		
I would rather listen to the teacher talking than read notes from a book		
I understand better when I read aloud		
I like to change words when it comes to poems and rhymes		
I sing, whistle or hum to myself		
I need help to understand maps and diagrams		
I enjoy talking to others		
I can repeat a whole conversation that I have heard		

Quiz C: Kinaesthetic

Quiz C : Kinaesthetic	Yes	No
I enjoy collecting things		
I like to touch things that are new to me		
I use my hand when I talk or explain something		
I fidget a lot (click my pen, play with things on my desk)		
I prefer standing when I work		
I like playing music when I work		
I enjoy making this with my hands		
I would rather do something than watch others.		

Quiz D: Reading and Writing

Quiz D : Reading and Writing	Yes	No
I am able to concentrate on my work		
I do not like to be interrupted when I am working		
I enjoy writing notes		
I am good at spelling and word games		
I would rather send a text message than talk on the phone		
I enjoy reading and use reading as a way to learn		
I when given a task I start right away		
I like to write notes about what the teacher is saying.		

ANSWERS:

Learner's answers may vary for each quiz.



THE SIX CAREER CATEGORIES

ACTIVITY: SLIDE 14

Write the related interests and abilities for each career. Copy and complete the table.

ANSWERS:

TYPE OF CAREER	ABILITIES AND INTERESTS	TWO RELATED CAREERS (any 2 given)
Realistic	• Enjoy working with animals and tools • Good with drawing • Enjoy using machines/equipment • Value practical things • Enjoy building/fixing things • Enjoy working with people with the same skill set	• Vet • Fire fighters • Farm workers • Game rangers
Investigative	• Enjoy solving problems • Interest in science ,data and ideas • Ability to analyse a situation and work through a problem • Enjoy challenges	• Scientists • Dentists • Orthodontists
Artistic	• Creating things • Coming up with ideas • Enjoy drawing/painting/music/pottery • Work best when they have freedom to do what they feel works best	• Musician • Stage performer • Set designer • Artists
Social	• Care about other people • Good listeners • Worried about social problems • Good at understanding people • Enjoy helping others	• Teachers • Nurses • Gym instructor/Personal trainer • Counsellor
Enterprising	• Being a leader and having the ability to persuade people • Selling things • Interested in politics and business • Have good motivation skills • Not afraid to take risks	• Judges • Magistrates • Chefs and head cooks • Movie director

Conventional	• Enjoy information management • Show attention to detail • Very precise and organised • Good at keeping records • Prefer a structured environment	• Book keepers • Accountants • Librarians • Secretaries
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ACTIVITY: SLIDES 26-27

Read through the table below.

Did you notice that some career categories have more than one set of skills that relate to them. Why do you think this is so?

Career path	Subjects	Career example
Realistic	Mathematics, Natural Sciences, Social Sciences and Economic and Management Sciences	Firefighters, vets, game rangers and security guards
Social	Social Sciences, Creative Arts, Natural sciences, Technology and Economic and Management Sciences	Child minders, nurses, gym instructors and teachers
Investigative	Mathematics ,Economic and Management Sciences, Natural Sciences and Social Sciences	A scientists, dentists, orthodontists and a scientist
Artistic	Creative Arts,Technology and Economic and Management Sciences	Floral designer, film and video editor, actor or actress and a stage performer
Enterprising	Social Sciences, Creative Arts, Natural sciences, Technology and Economic and Management Sciences	Lawyers, chefs, directors, judges and magistrates
Conventional	Economics, Natural Sciences, Technology, Mathematics	Municipal officers, book keepers, accountants and secretaries

ANSWERS:

Answers may differ according to students, ensure that they have explained why they think some career categories have more than one set of skills that relate to them. This could include options like:

- Many careers involve communication with people. Communication is an important skill to have.
- More than one career may involve the need to work with your hands.
- Technology is on the rise and almost every career requires people to use technology in some way or another.



ACTIVITY: SLIDES 20-23

Read the two case studies that follow and write down your answer to the questions provided.

CASE STUDY 1:

Thadie and Ayanda live with their grandmother far away from the city, their grandmother provides for herself and the children on the state grant, which is not a lot.

1. How do you think Thadie and Ayanda would get to their school?
2. What do you think they have to eat for lunch?
3. Do you think they live in a big house?
4. Where do you think they get their water from?

CASE STUDY 2:

Kagiso lives in the city with his parents. His dad is a lawyer and his mom is a doctor.

1. How do you think Kagiso would get to school?
2. What do you think they have to eat for lunch?
3. Do you think they live in a big house?
4. Where do you think they get their water from?
5. Write a paragraph on how families are influenced by work.

ANSWERS:

CASE STUDY 1:

Learner's answers may vary

1. They would walk to school.
2. Bread with margarine and jam or peanut butter. Something that doesn't cost a lot of money.
3. No, they don't live in a big house.
4. A tap or water pump, they would have to collect it. Probably no running water in their house.

CASE STUDY 2:

Learner's answers may vary

1. Kagiso probably gets dropped off at school by his parents, maybe has a driver or even catches an Uber.

2. A ham and cheese/chicken mayo sandwich, perhaps with a drink too. Kagiso's family is in a position to give him money for the tuck shop to buy lunch too.
3. Yes.
4. They will have running water in their house, so are able to get it from a tap inside.
5. Learners' paragraphs will vary. Ensure that the student lists how the families are influenced by the work they do. An example has been provided below.

Families are influenced a lot by the kind of work they do and how much money they make. For example, if both parents have jobs, they usually earn a good income, which means they can afford luxury items and don't have to worry about things like running water or electricity. On the other hand, if only one parent works, the family can still afford necessities, but there might not be extra money for things like private school, fancy cars, or expensive household items. In some cases, one parent might have to work in a city far from home and send money back to their family. This can cover basic needs, but their home might not have things like running water or electricity.



ACTIVITY: SLIDES 27-28

Write an essay of what substance abuse is and what effects it could have on your life.

ANSWERS:

Learners' answers may vary.

Ensure learners have included a description of what substance abuse is and certain effects it may have on their life.

Potential highlight points include:

- Substance abuse is also known as addiction.
- The excessive or over-use of prescription medication, products that include tobacco, alcohol and illegal drugs that cause changes in your behaviour, body and emotions.
- Substance abuse may have long-term and short-term effects.
- Substance abuse can lead to physical harm to others (domestic violence) fights, road rage, mental health conditions, lung/heart disease, cancer or long-term damage in the body. People may also experience short-term anxiety and stress.
- Many changes may happen in your life: loss of friends and family, illness and disease, imprisonment or even death.

An example of an essay is provided below:

Substance Abuse and Its Effects on Life

Substance abuse is when someone repeatedly uses drugs, alcohol, or other harmful substances in a way that negatively affects their body and mind. It can start as something small, like trying a cigarette or drinking alcohol at a party, but over time, it can turn into a serious problem. People who abuse substances often struggle to stop, even when it starts to hurt their health, relationships, and future.

One of the biggest effects of substance abuse is on a person's health. Drugs and alcohol can damage the brain, heart, and liver. Many substances are addictive, which means once someone starts using them regularly, their body craves more, making it very hard to stop. Over time, this can lead to serious illnesses, memory problems, and even death in extreme cases.

Substance abuse can also affect relationships with family and friends. When someone is addicted, they may become distant, lie, or behave aggressively. This can make their loved ones feel hurt and frustrated. Many people with substance abuse problems end up losing trust and respect from those who care about them the most.

Another major consequence is how it affects a person's future. Addiction can lead to poor school performance, skipping classes, or even dropping out. It can also make it harder to find a good job because many employers won't hire someone with a history of drug or alcohol abuse. Legal trouble is another big risk—many substances are illegal, and getting caught with them can lead to fines, jail time, or a criminal record.

In conclusion, substance abuse is dangerous and can ruin a person's health, relationships, and future. While it might seem harmless at first, it can quickly spiral out of control and become something that takes over a person's life. That's why it's important to make smart choices and stay away from harmful substances to live a happy and successful life.



ACTIVITIES: SLIDES 6-9

These are physical activities that you can complete outdoors – no memo required.



ACTIVITY: SLIDES 3-6

These are physical activities that you can complete outdoors – no memo required.



NB:

Remember to go through all your content to prepare you for your test/exams.