

SBA – Term 3

PROJECT

LIFE ORIENTATION

GRADE 11

TOTAL MARKS: 90



WHAT IS PLAGIARISM

Plagiarism is when you use someone else's work without giving them credit. Please do not copy the answers from the online campus or any other sources. Complete this assessment in your own words.

SCHOOL-BASED ASSESSMENT DECLARATION

I declare that all work in this SBA is my own. I have not committed plagiarism as defined by the plagiarism policy. I did not copy any resources from the online campus to help me complete this SBA.

Type your name here.

Student signature

LEARNING OUTCOMES

- **Identify** the consequences of risky behaviour, as well as ways to avoid risky behaviour.
 - **Execute** an effective plan for finding employment.
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INSTRUCTIONS

1. The front page of your answer sheet must include:
 - a. Your name
 - b. Your student number
 - c. The signed plagiarism declaration
 2. Remember to label your questions in the middle of the page (like the question paper).
 3. Please number each page of your answer script.
 4. This activity comprises THREE main questions.
 5. Complete all questions in the order that they are presented to you.
 6. The maximum mark for this SBA is 90.
 7. This task will count toward your final marks.
 8. You can do this activity on this page or a page where you draw a table.
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QUESTION 1: SUBSTANCE ABUSE

Research substance abuse and suggest ways to eliminate drug abuse in your community.

Question 1.1 [1x2=2 marks]

In your own words, what do you understand by **substance abuse**?

Question 1.2 [2+4=6 marks]

Define the concept of substance abuse and state **FOUR** factors that may contribute to youth abusing substances.

Question 1.3 [2x2 = 4 marks]

Describe TWO ways that a high prevalence of substance abuse can negatively impact (hurt) a community. Provide TWO facts.

Question 1.4 [3x2=6 marks]

Explain THREE reasons why substance abuse impacts an individual's physical health.

Question 1.5 [4x2=8 marks]

Recommend FOUR solutions to eliminate drug abuse in your community.

Question 1.6 [6X1=6 marks]

List SIX strategies that could help you make healthy lifestyle choices.

[32]

QUESTION 2: ROLES & RESPONSIBILITIES AS A TEENAGER

For this question, you must look at your own life experiences.

Question 2.1 [2 x 1 = 2 marks]

Identify TWO different life roles that you have now, as a teenager.

Question 2.2 [2 x 2 = 4 marks]

Discuss TWO new responsibilities that you have as a result of being a teenager.

Question 2.3 [1 x 2 = 2 marks]

Explain ONE reason why it may be difficult for teenagers to cope with their new responsibilities.

[8]

QUESTION 3 : COVER LETTER AND CURRICULUM VITAE (CV)

Read the job advertisement below. Then, complete the activity that follows.

Personal assistant to social media sensation!

We have a vacancy at TikTok Tycoon for a young person who is passionate about their favourite social media star and would like to be part of their journey to build a world-renowned brand.

The applicant doesn't need any previous work experience, they should be eager (enthusiastic) and willing to learn. The vacancy is for a part-time position in your hometown, and transport will be provided. The salary is negotiable.

Responsibilities:

- Assisting in planning social media posts.
- Running errands.

- Provide support to social media stars in their day-to-day lives.

Requirements:

- Good communication skills.
- Organisational skills and the ability to multitask.
- Planning and running meetings between stars and TikTok Tycoon.
- Making arrangements for travel and accommodation.
- Discretion and trustworthiness: you will be present while confidential information is discussed.
- Flexibility and adaptability.
- Attention to detail.
- Grade 10 completed.

If you believe you've got what it takes, please contact Rain Richards at TikTok Tycoon.

Question 3.1 [20 marks]

Please fill in the cover letter template below. For a breakdown of the marks, please see the rubric below.

	First name and last name Profession
CONTACT	Today's date
Address	
Your fake address	Recipient first name and last name
E-mail	Company name
Your fake email address	RE: Personal assistant to social media sensation.
	Dear (Ms. or Mr. Last name),
	Paragraph 1
	Paragraph 2
	Paragraph 3
	Thank you for your time and consideration.

Sincerely,
(Your name and last name)

Rubric for cover letter

Criteria	Proficient 4-5	Developing 1-3	Insufficient 0	Max marks per criteria
Name and profession	Learner included their full name and indicated a profession.	Learner only included a partial name or nickname instead of their full name. They did not include their profession.	Learner did not include this information.	5
Contact information	Learner included both a physical address and an email address.	Learner included either a physical or email address, but not both.	Learner did not include this information.	5
Point of contact and company name	Learner included the correct point of contact and the correct company.	Learner only included partially correct point of contact or only partially correct company name, while the other component was not correct at all.	Learner did not include this information.	5
Paragraph(s)	Learner included a detailed paragraph explaining why they are a good candidate for	Learner included a detailed paragraph explaining why they are a good candidate for the position	Learner did not include this information.	5



	the position advertised. The tone of the paragraph is formal, respectful and confident.	advertised. The tone of the paragraph is informal and lacks confidence.		
Total marks: 20				

QUESTION 3.2 [30 marks]

Please fill in the CV template below. For a breakdown of the marks, please see the rubric below.

Your first name and last name		
Profession		
Brief description of why you would be good for this position.		
Education		Personal information
Dates of attendance	Your current High school - Your most recent term marks - A list of the subjects you took Your previous High school - Your Grade 10 Term 4 average	Address Your fake address Phone Your fake number E-mail Your fake email address LinkedIn Your fake LinkedIn link
Extra-murals	Your extra-murals - The leadership position you held - Skills you learned from each extramural	Skills List five skills you have that relate to the position



Rubric for CV

Criteria	Proficient 4-5	Developing 1-3	Insufficient 0	Max marks per criteria
Name and profession	Learner included their full name and indicated a profession.	Learner only included a partial name or nickname instead of their full name. Learner did not include their profession.	Learner did not include this information.	5
Personal information	Learner included all requested personal information.	Learner included only some of the requested information.	Learner did not include this information.	5
Description	Learner included a brief paragraph explaining why they are a good candidate for the position advertised. The tone of the paragraph is formal, respectful and confident.	Learner included a brief paragraph explaining why they are a good candidate for the position advertised. The tone of the paragraph is formal, respectful and confident.	Learner did not include this information.	5
Education	Learner included a list of their education, starting with the most recent. There are no	Learner included a list of their education, but it either has gaps or they did not start with the most	Learner did not include this information.	5

	gaps in their educational timeline.	recent, working backwards.		
Extra-murals and skills	Learner included a list of extra-murals and skills that clearly indicate that they are a good fit for the position. There are no irrelevant skills or extra-murals included.	Learner included irrelevant skills and extra-murals that are not directly or indirectly linked to the position they are applying for.	Learner did not include this information.	5
Spelling and grammar	The submission has little to no spelling and grammatical errors.	The submission has several errors but the errors do not impact readability.	The submission has many errors and these errors greatly impact readability.	5
Total marks: 30				

TOTAL:

GRAND TOTAL: 90

