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NATIONAL SENIOR CERTIFICATE EXAMINATION
NOVEMBER 2024

DANCE STUDIES

Time: 3 hours | 150 marks

PLEASE READ THE FOLLOWING INSTRUCTIONS CAREFULLY

1. This question paper consists of 10 pages and 2 music tracks. Please check that your question paper is complete.

2. Read the questions carefully.

3. Number your answers exactly as the questions are numbered.

4. All answers must be in essay/paragraph format unless otherwise stated.

5. Choose to answer either Question 4A or 4B.

6. Begin each section on a new page.

7. Leave THREE lines open after each answer.

8. It is in your own interest to write legibly and to present your work neatly. No Tippex is allowed.

9. Credit will be given (where appropriate) for:

   - Interpretation and explanation.
   - Evidence of personal observation and understanding.

10. You may choose to stand up and move your body at your desk for some anatomy questions.

11. Please use the voice label for each music track to determine which track needs to be listened to for each question. Listen to the music on the CD/MP3 and answer the questions. For Question 6, choose between Track 1 and Track 2.

12. It is advisable to answer Section B first.

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SECTION A HISTORY AND DANCE THEORY

QUESTION 1

Refer to the table of the South African prescribed choreographers and dance works below to answer the questions that follow.

SOUTH AFRICAN CHOREOGRAPHERS	DANCE WORKS
Alfred Hinkel and Magnet Theatre	*Cargo*
Alfred Hinkel	*Last Dance (Bolero)*
Gregory Maqoma	*Four Seasons*
Gregory Maqoma	*Cion*

Choose ONE of the South African choreographers that you have studied from the prescribed list above. Name the choreographer and the dance work you have chosen.

Respond, as if you are the choreographer, to the interview questions for a podcast with 5FM. ONE mark will be awarded for the correct use of the interview format. (1)

Good evening, we are so grateful to have you in the studio tonight. Our listeners are excited to hear more about your life and work as a choreographer.

1.1 Please provide our listeners with insights into your background and dance career. (6)

1.2 Elaborate on the intent of the dance work. (3)

1.3 Please elaborate on the dance style and the symbolism of the dance movements in your dance work. (9)

1.4 Please tell our listeners about TWO choreographic devices you included to enhance the intent of the dance work. (4)

1.5 Lastly, why should the listeners head to the theatre to experience this dance work for themselves? (2)

Thank you for your time. It has been enjoyable to hear the impact you make within the dance industry.

[25]

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QUESTION 2

Select ONE of the international dance works you have studied from the prescribed list below.

INTERNATIONAL CHOREOGRAPHERS	DANCE WORKS
Alvin Ailey	*Revelations*
Sir Kenneth Macmillan	*Romeo and Juliet*
Christopher Bruce	*Ghost Dances*
Wayne McGregor	*Infra*

Write an article for an online blog informing your readers about the dance work. Include the following information in your blog.

- Name the choreographer and the dance work you have selected.
- Provide a catchy title along with a brief overview of the dance work.
- Identify what dance style/genre was used. Comment on the characteristics that make the style/genre used unique and recognisable in the dance work.
- Clarify to the readers whether this is a narrative or an abstract dance work and explain why.
- Describe the costumes, lighting, and set choices used. Elaborate on the choreographer's possible reasons for his choice.
- Critique how the choreographer used movement to convey his ideas. Give clear examples.

Use the following rubric to guide your answer.

Levels	Criteria
7 (25–22 marks)	Excellent response, insightful and accurate. The candidate provided all the relevant characteristics. The candidate discussed the dance works in detail and can substantiate clearly and convincingly how the choreographer uses movement vocabulary and production elements of dance to convey their idea.
6 (21–19 marks)	Good response, showing insight and accuracy. The candidate provided all the relevant characteristics. The candidate can substantiate how the choreographer uses movement vocabulary and production elements of dance to convey their idea.
4–5 (18–11 marks)	Satisfactory response showing some insight and accuracy. The candidate includes and gives adequate insight into how the choreographer uses movement vocabulary and production elements to convey their ideas.
3 (10–7 marks)	Fair response showing some knowledge of the facts but lacks insight and substantiation. The candidate includes very little information and provides little insight into how the choreographer uses movement vocabulary and production elements to convey their ideas.
2 (6–4 marks)	Weak response, showing very little insight and accuracy. The information about how the choreographer uses movement vocabulary and production elements to convey their ideas lacks detail and substantiation.
1 (3–0 marks)	Minimal response and little or no attempt to give an adequate answer to the question.

[25]

QUESTION 3

Good technique and performance skills are crucial elements of a dancer's movement vocabulary. In your final dance practical, you were assessed on both of these criteria.

Discuss how good technique and performance skills contribute to a good dance performance in your practical examination.

[7]

CHOICE QUESTION

ANSWER EITHER QUESTION 4A OR 4B

Indicate which question you will be answering.

QUESTION 4A

Discuss how improvisation develops your movement vocabulary for choreography.

[3]

OR

QUESTION 4B

Discuss how space, time, and force enhance choreography.

[3]

60 marks

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SECTION B MUSIC APPRECIATION

QUESTION 5

Using the dance works previously referenced in Questions 1 and 2, reconstruct the table provided below in your Answer Booklet. Include the following details regarding the musical score for each dance work.

		Dance work 1 (South African set work)	Dance work 2 (International set work)
5.1	Name the composer.	(1)	(1)
5.2	Briefly discuss the composer's background.	(3)	(3)
5.3	Elaborate on the instrumentation used.	(3)	(3)
5.4	Name the genre of the musical score.	(1)	(1)
5.5	Explain how the music enhances the mood of the dance work.	(2)	(2)

[20]

QUESTION 6

There are TWO music tracks on your CD/MP3 player. Listen to both tracks and select only ONE of the tracks to answer the questions that follow.

Discuss how the music of your chosen track could support the movement vocabulary of a solo choreography.

Consider the following aspects in your response/answer:

- Indicate the track you have chosen.
- Time signature and genre of the chosen track.
- Primary instrumentation used in the track.
- Select a theme for your solo choreography and discuss how the music would support your theme and influence your movement vocabulary.

[10]

30 marks

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SECTION C ANATOMY AND HEALTHCARE

QUESTION 7

You have been selected to pose for a dance-inspired photoshoot for *Dance Magazine.* Study the image below and answer the questions that follow:

[Source from: <https://www.thevisualstoryteller.co.uk/natural-light-dance-photography>]

7.1 Discuss how a good warm-up would benefit you to perform the explosive movement in the image. (5)

7.2 Muscular strength plays a crucial role in the execution of this movement.

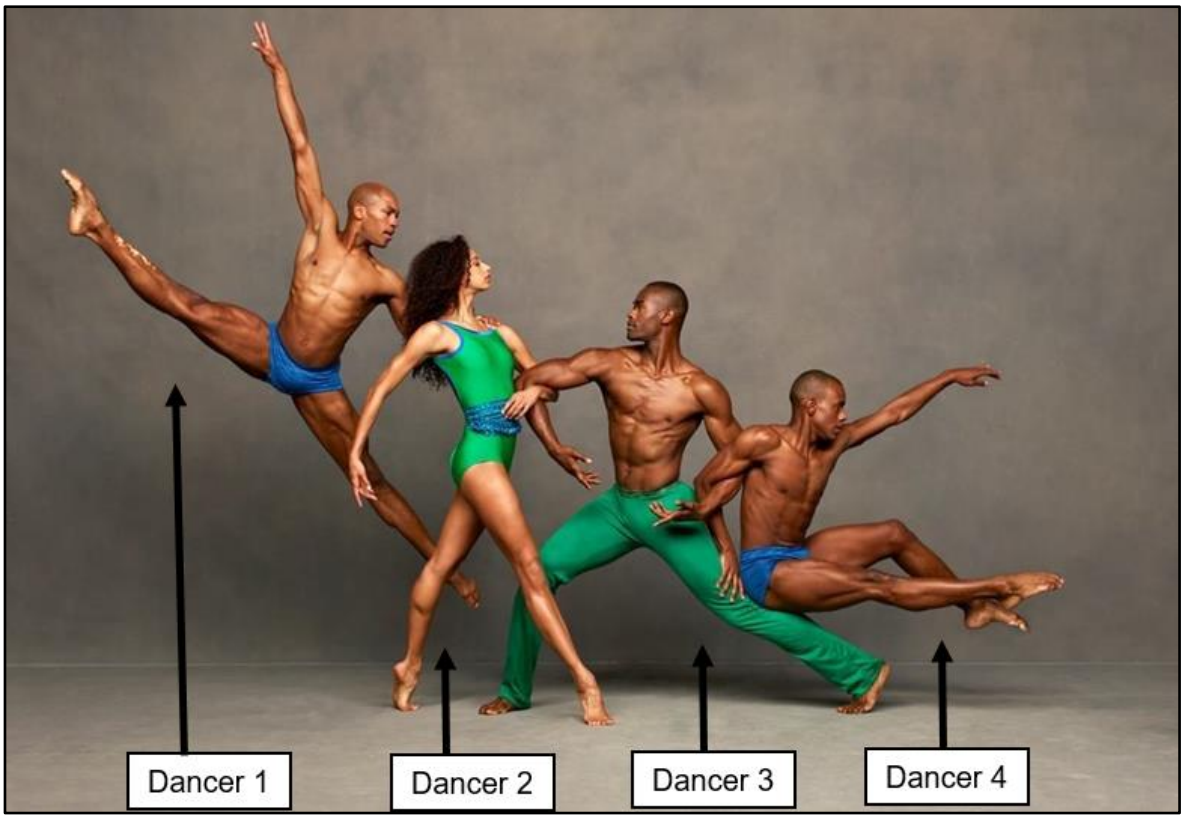
7.2.1 Define muscular strength. (1)

7.2.2 Explain how you would develop your muscular strength to develop explosive movements like those shown in the image. Please include specific conditioning exercises and/or activities and indicate the recommended frequency for these workouts. (6)

[12]

QUESTION 8

Analyse the image below and answer the questions that follow.



[Source from: <https://za.pinterest.com/pin/366269382166572416/>]

8.1 Describe the common anatomical action in the following joints of the dancers and state which muscle(s) are responsible for these actions. (Pay attention to the mark allocations.)

8.1.1 The ankle joint in Dancers 1, 2 and 4. (2)

8.1.2 The hip joint in Dancers 1 and 2. (3)

8.1.3 The right hip joint in Dancers 2, 3 and 4. (3)

8.1.4 The knee joint in Dancers 1 and 2. (2)

8.1.5 Movement of the head in Dancers 1 and 3. (2)

8.2 Explain how core stability and alignment work together to achieve the upright position of Dancer 2. (5)

8.3 Name and define ONE neuromuscular skill that all four dancers needed to achieve their positions in the image. (2)

8.4 After evaluating the dancers in the image, we can agree that injuries are prevalent among dancers due to the physical demands of their art. Name and discuss the common causes of injuries in dancers. Elaborate on how these causes can be addressed or avoided through prevention strategies. (11)

[30]

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QUESTION 9

Below are the conclusions found in a qualitative study conducted on dancers. Read the abstract and answer the questions that follow.

A study investigated the impact of the mirror on a dancer's body image. Most students felt that the mirror is a necessary tool to facilitate their technical growth in a dance class. However, further analysis of the interviews suggested that the student dancers experienced body objectification as they compared their physical selves to the images they saw in the mirror. Researchers concluded that the mirror in the dance classroom could be an instigator of poor body image.

[Source from: https://www.researchgate.net/publication/262583721_My_body_and_its_reflection_A_case_study_of_eight_dance_students_and_the_mirror_in_the_ballet_classroom]

9.1 Define body image. (1)

9.2 Can you describe any specific instances where the mirror has positively influenced your dance performance or technique? (3)

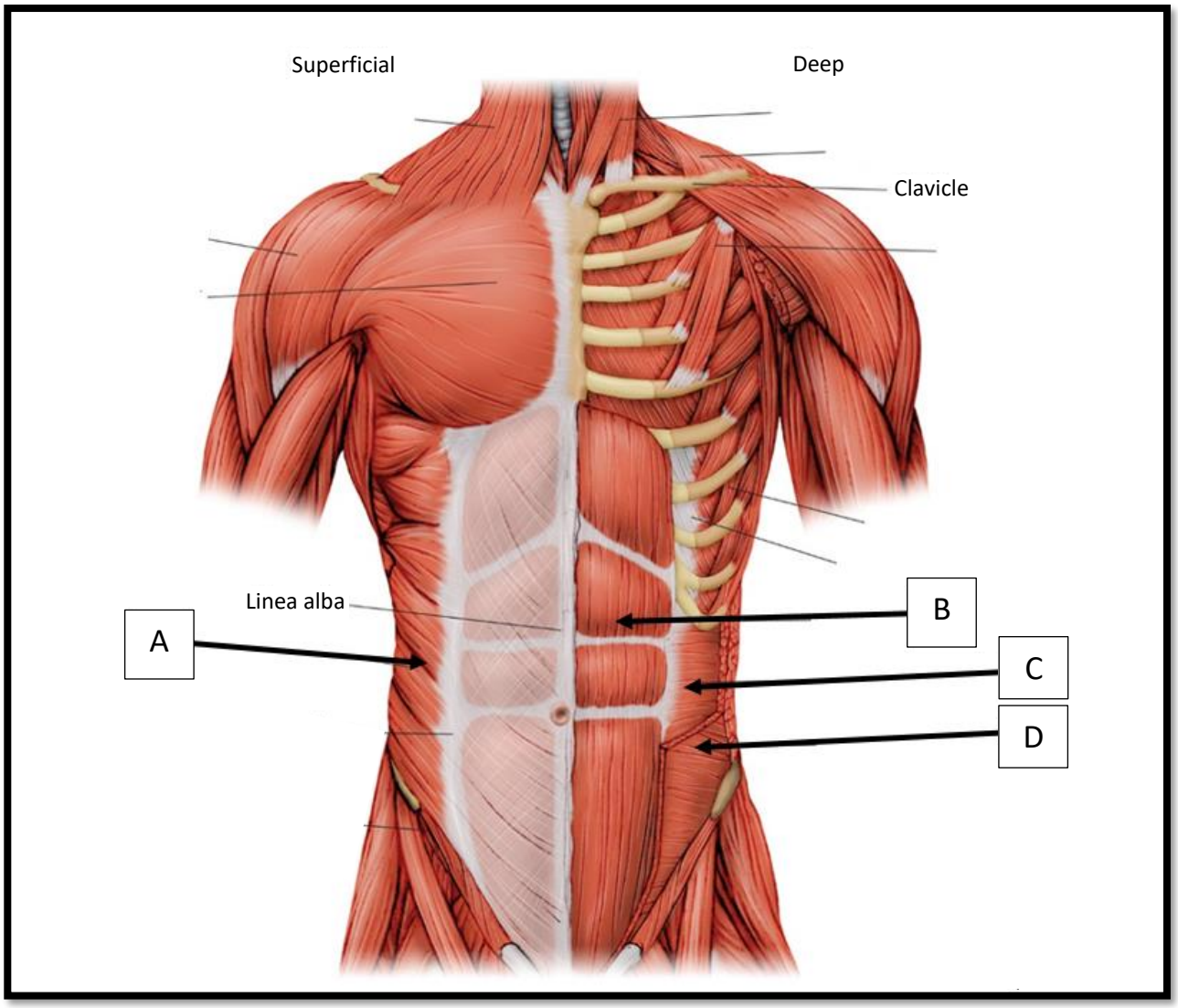
9.3 Explain why using mirrors could lead to a poor body image. (3)

9.4 Discuss an alternative that could be implemented to support technical growth and a healthy body image if you do not use the mirror in the dance classroom. (1)

[8]

QUESTION 10

Study the diagram below and answer the questions that follow.



[Source from: <https://quizlet.com/ca/343003598/muscles-of-anterior-trunk-diagram/>]

10.1 Name the muscles in the diagram above labelled A–D. (4)

10.2 Name the posterior core muscles in the body. (3)

10.3 Reflecting on your practical dance experience, name THREE exercises you used to strengthen the muscles identified in Question 10.1 and Question 10.2. (3)

[10]

60 marks

Total: 150 marks

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