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NATIONAL SENIOR CERTIFICATE EXAMINATION
NOVEMBER 2022

DANCE STUDIES

Time: 3 hours | 150 marks

PLEASE READ THE FOLLOWING INSTRUCTIONS CAREFULLY

1. This question paper consists of 9 pages and 4 music tracks. Please check that your question paper is complete.
2. Read all the questions carefully.
3. Answer either QUESTION 3 or QUESTION 4.
4. All answers must be in essay/paragraph format unless otherwise stated.
5. Begin each section on a new page.
6. Number your answers exactly as the questions are numbered.
7. Leave THREE lines open after each answer.
8. It is in your own interest to write legibly and to present your work neatly. No Tippex is allowed.
9. Credit will be given (where appropriate) for:
   - interpretation and explanation.
   - evidence of personal observation and understanding.
10. You may choose to stand up and move your body at your desk for some anatomy questions.
11. Please use the voice label for each music track to determine which track needs to be listened to for each question. It is advisable to answer Section B first. Listen to the music on the CD/MP3 player and answer the questions.

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SECTION A HISTORY AND DANCE THEORY

QUESTION 1

Refer to the table of the prescribed International choreographers and dance works below. Answer the questions for an interview that follows.

INTERNATIONAL CHOREOGRAPHERS	DANCE WORKS
Alvin Ailey	*Revelations*
Sir Kenneth Macmillan	*Romeo and Juliet*
Christopher Bruce	*Ghost Dances*

Give the name of the choreographer and the title of the dance work that you have chosen to interview.

Answer the questions as if you are the choreographer being interviewed. (IN THE FIRST PERSON)

1.1 Describe your dance training and professional career as a dancer/ choreographer and outline your contribution to dance and society. (5)

1.2 Discuss what influenced and inspired you to create this dance work. (4)

1.3 Discuss the dance style(s) you incorporated in the dance work and describe how the movement vocabulary reflects the style(s) you have mentioned. (7)

1.4 Reflect on the production elements used and how you think they enriched the content and intent of the dance work. (7)

1.5 In your opinion, what makes this dance work a timeless piece? (2)

[25]

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QUESTION 2

Refer to the table of the prescribed South African choreographers and dance works below and select a choreographer and dance work.

SOUTH AFRICAN CHOREOGRAPHERS	DANCE WORKS
Alfred Hinkel and Magnet Theatre	*Cargo*
Alfred Hinkel	*Last Dance (Bolero)*
Gregory Maqoma	*Four Seasons*

Give the name of the choreographer and the title of the dance work that you have chosen to discuss.

Write an essay on your chosen South African dance work, with reference to the quotation below.

> 'Dancing is surely the most basic and relevant of all forms of expression. Nothing else can so effectively give outward form to an inner experience.'
>
> **Lyall Watson**

[Source: <http://www.planetofsuccess.com/blog/2017/dance-quotes/>]

Include the following information:

- Give clear examples of the dance/choreographic styles and the characteristics used in the dance work to "effectively give outward form to an inner experience"

- Substantiate your opinion of the dance work considering:
  - Originality of the choreography
  - Atmosphere and mood of the production
  - Use of production elements.

Use the following rubric to guide your answer.

Levels	Criteria
7 (25–20 marks)	Excellent response, insightful and accurate. The candidate gives detailed information on the dance/choreographic styles and the answer relates to the quote in the question. Excellent analyses of the ideas behind the dance work, can substantiate clearly and convincingly using examples from the choreography how these ideas are brought across.
6 (19–18 marks)	Good response, showing insight and accuracy. The candidate includes relevant information on the dance/choreographic styles and the answer relates to the quote in the question. Good insight into how the choreographer's ideas are conveyed and use of good examples from the dance work.
4–5 (17–16 marks)	Satisfactory response showing some insight and accuracy. The candidate includes adequate information on the dance/choreographic styles and makes some reference to the quote. Gives adequate insight into how the choreographer conveys his/her ideas and uses some examples from the dance work.
3 (15–13 marks)	Fair response showing some knowledge of the facts but lacks insight and substantiation. The candidate includes very little information on the dance/choreographic styles and very little reference to the quote. Little insight into how the choreographer conveys his/her ideas are provided and uses a few examples from the dance work.
2 (12–9 marks)	Weak response, showing very little insight and accuracy. The candidate's response to the quote is weak and lacks information on the dance/choreographic styles. Weak insight into how the choreographer conveys his/her ideas and lacks examples from the dance work.
1 (8–0 marks)	Minimal response and little or no attempt to give an adequate answer to the question.

[25]

ANSWER EITHER QUESTION 3 OR QUESTION 4

QUESTION 3

Read the extract from *Technology and Dance* and answer the question that follows.

> *As technology has permeated nearly every segment of our modern world, it's interesting to consider how it may redefine the role of the human body in dance and impact the art form more generally. Technology has recently entered the sphere of dance, and ultimately enhanced the way we create, perform and consume dance.*

[Source: <https://medium.com/digital-literacy-for-decision-makers-columbia-b/technology-and-dance-blending-the-digital-and-physical-worlds-33589ff2bdd6>]

3.1 Explain how you used technology to assist you with the creation and process of your own solo choreography for your final examination. (5)

3.2 For your final examination, you performed a group dance with your peers. How were choreographic devices/dance elements implemented in the group dance by your teacher and how were they used to make it impactful? (5)

[10]

OR

QUESTION 4

Create an information brochure for Grade 10 and 11 Dance students using the knowledge you have gained from your selected dance major and one other dance genre. Compare the origins and characteristics of the two dance genres. *(Remember to name the two dance genres you are comparing.)*

[10]

60 marks

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SECTION B MUSIC APPRECIATION

QUESTION 5

Select ONE of the dance works from the prescribed lists and discuss the music/ accompaniment in the following questions.

5.1 Name the dance work and the composer. (1)

5.2 Name the style/genre of the music composed. (1)

5.3 State the period in which the music was written and discuss its historical context. (4)

5.4 With reference to the dance work, reflect on the mood and emotions that are created by the music. (3)

5.5 How does the movement vocabulary relate to the music? (3)

[12]

QUESTION 6

There are four music tracks on your CD/MP3 player. Listen to all four tracks and give the following information:

6.1 Identify the time signatures and genre of Tracks 1 to 4. (Label the tracks Track 1 to Track 4.) (8)

6.2 Identify the instrumentation of Tracks 1 and 2. (2)

6.3 Name the category (either Western classification or classification according to sound) that the instruments in Tracks 1 and 2 fit into. (2)

6.4 Identify the Italian musical terms that best describe the tempi of Tracks 1 and 4. (2)

6.5 Listen to Track 1. Describe which dance genre/style you would use to choreograph to this music track and identify key movements that would suit this music. (4)

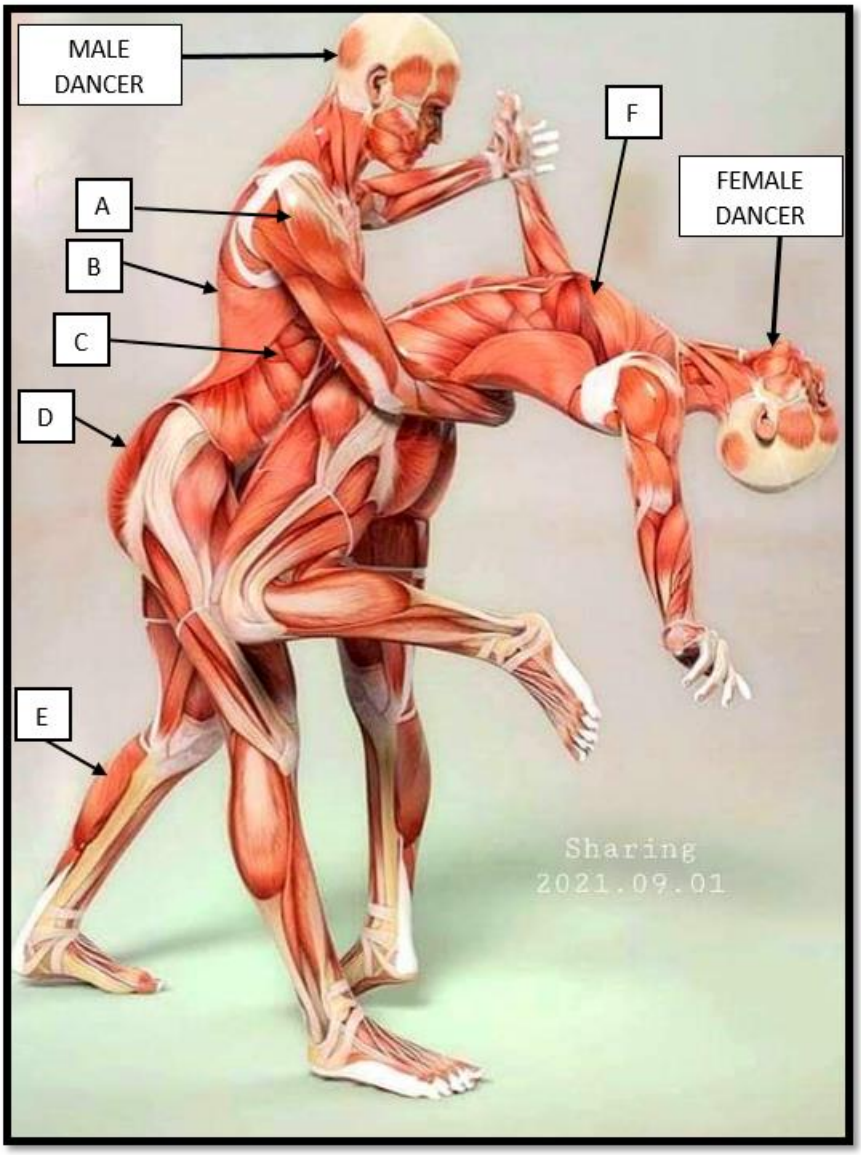
[18]

30 marks

SECTION C ANATOMY AND HEALTHCARE

QUESTION 7

Analyse the image below of the two dancers and answer the questions that follow.



7.1 Name the muscles labelled A to F and provide an action for each muscle. (12)

7.2 Using the picture above, consider an important component of body conditioning that the MALE dancer will require to carry out his movement.

7.2.1 Identify the most crucial component of body conditioning necessary to perform his movements. (1)

7.2.2 What is the definition of the component identified in Question 7.2.1? (1)

7.2.3 Identify the benefits of being proficient in this component as a dancer. (3)

7.2.4 How can a dancer develop this skill? (2)

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7.3 Analyse the movement of the FEMALE dancer in the picture on page 6 and answer the following questions.

7.3.1 Flexibility is a key component of body conditioning for a female dancer to execute the movement pictured. Describe how the dancer should stretch safely. (3)

7.3.2 What are the factors that limit a dancer's flexibility? (4)

[26]

QUESTION 8

Everyone has bad habits. However, as a dancer, your body is your most important asset. It is therefore vitally important to take excellent care of it.

Consider the following poor lifestyle choices for a dancer. Write an essay informing young dancers about these destructive habits, and the dangers and negative long-term effects of these poor choices.

Be sure to incorporate all the choices in your essay.

- #1: Skipping the warm-up or cool-down
- #2: Fad diets
- #3: Use of diet pills
- #4: Peer pressure
- #5: Substance addiction (caffeine, smoking and drugs)

Use the following rubric to guide your answer to Question 8.

Levels	Criteria
7 (10 marks)	Excellent response, insightful and accurate. The candidate includes accurate and comprehensive information on poor lifestyle choices for dancers.
6 (9–8 marks)	Very good response, showing insight and accuracy. The candidate includes good information on poor lifestyle choices for dancers.
5 (7–6 marks)	Good response showing some insight and accuracy. The candidate includes some information on poor lifestyle choices for dancers.
4 (5–4 marks)	Average response shows some knowledge of the facts but lacks insight and accuracy. The candidate includes very little information on poor lifestyle choices for dancers.
2–3 (3–2 marks)	Weak response, showing very little insight and accuracy. The candidate provides very little information on poor lifestyle choices for dancers.
1 (1–0 mark)	The candidate has failed to give an adequate answer to the question.

[10]

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QUESTION 9

Analyse the picture of the dancer below and answer the questions that follow.

9.1 Give the anatomical action and the muscle/muscle group responsible for the following parts of the dancer's anatomy:

9.1.1 Right knee (2)

9.1.2 Right hip (4)

9.1.3 Right shoulder (2)

9.1.4 Left shoulder (2)

9.2 Discuss the involuntary neurological reaction that takes place when stretching. (6)

9.3 Besides overstretching, what are the other common causes of injuries in dancers. (3)

9.4 Create a stretching routine that you can perform at home to maintain and develop overall flexibility in the hip joints. Discuss stretches pertaining to the hamstrings, adductors and quadriceps muscles. (5)

[24]

60 marks

Total: 150 marks

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